



Septuagesima (Sunday 4)

1 February 2026



PUBLISHED BY THE EASTBOURNE ORDINARIATE MISSION FOR ALL THE COMMUNITIES AT CHRIST THE KING AND ST JOACHIM'S

Dr Scott Hahn reflects on the blessings God gives to the faithful.

In the readings since Christmas, Jesus has been revealed as the new royal son of David and Son of God. He is sent to lead a new exodus that brings Israel out of captivity to the nations and brings all the nations to God.

As Moses led Israel from Egypt through the sea to give them God's law on Mount Sinai, Jesus too has passed through the waters in baptism. Now, in today's Gospel, He goes to the mountain to proclaim a new law—the law of His Kingdom.

The Beatitudes mark the fulfillment of God's covenant promise to Abraham—that through his descendants all the nations of the world would receive God's blessings (see Genesis 12:3; 22:18).

Jesus is the son of Abraham (see Matthew 1:1). And through the wisdom He speaks today, He bestows the Father's blessings upon “the poor in spirit.”

God has chosen to bless the weak and lowly, those foolish and despised in the eyes of the world, Paul says in today's Epistle. The poor in spirit are those who know that nothing they do can merit God's mercy and grace. These are the humble remnant in today's First Reading—taught to seek refuge in the name of the Lord.

The Beatitudes reveal the divine path and purpose for our lives. All our striving should be for these virtues—to be poor in spirit; meek and clean of heart; merciful and makers of peace; seekers of the righteousness that comes from living by the law of the Kingdom.

The path the Lord sets before us today is one of trials and persecution. But He promises comfort in our mourning and a great reward.

The Kingdom we have inherited is no earthly territory, but the promised land of heaven. It is Zion where the Lord reigns forever. And, as we sing in today's Gradual Psalm, its blessings are for those whose hope is in the Lord.

Thank you to Fr Terry Martin for celebrating the Vigil Mass on Saturday evening this weekend.

Parish Pantomime *Pirates of the Carrumbles*:

Tickets will be on sale this weekend for this year's panto. £5 for adults, £3 for children. Performances this weekend are at 6:30pm after Mass on Saturday; and on Sunday at 2pm. Numbers are limited so please book up as soon as possible! For further information, see the poster in church or contact Chris on 07970 929795.

Eastbourne Catholic Women's League meets on Wednesday 4 February in the parish room at CTK 7–9:00pm. Come along and share time with other parishioners.

Day with Mary Saturday 7 February 10:30–4:00pm. The day will include the First Saturday Devotions, Mass, Rosary and Exposition of the Blessed Sacrament with a blessing. Bring a packed lunch.

Also available on 7 February is training in **Mental Health Awareness**: 10am–3pm at the St Philip Howard Centre, Crawley RH10 6RP.

The number of people experiencing poor mental health is rising. This course will help attendees understand the impact and reality of poor mental health, enabling them to identify the early signs and symptoms and signpost people effectively. The usual cost of £130 has been reduced to £40: sign up via <https://abdiocese.org.uk/diocese/events>

‘Love in Bloom’ celebrating God’s gift of love. Sunday 8 February at 2pm in the Parish Room at CTK for those who have booked.

CTK Seniors meet on Wednesday 11 February for a coffee, biscuit and chat 11:30am–1:30 in the parish room to meet old friends and make new ones over a light lunch.

Retrouvaille helps marriages, bringing hope and healing to relationships. There’s an online programme 12–15 February. Details are available via 07887 296983 or via info@retrouvaille.org.uk.

Funerals of the recently-departed: The funeral of Michael Smitherman RIP will take place at noon on Friday 20 February, at St Joachim’s.

Those who read lessons at any service in either church (or who would like to) are encouraged to come to a training session at Christ the King on Saturday 21 February, 10:30–11:30am. If you cannot attend, please let Fr Neil know.

CTK Lenten Lunch on Friday 27 February after Mass at midday. There will be a sign-on list soon. The donations will be for Fr John Popoola’s ministry with the youth with his parish in Nigeria.

Crib Offerings are donated to the Catholic Children’s Society (A&B Crisis Fund), which supports needy families. This is the last day the crib will be in church to make donations.

Pilgrimage to Poland May 2026: the parish is organising a seven-day pilgrimage to Poland from 26 May to 1 June 2026, including the shrine in Częstochowa and the Divine Mercy Basilica in Krakow as well as visits to Auschwitz, Wadowice and the Wieliczka Salt Mine. Masses will be celebrated by Fr Neil in different

churches each day. We have been able to improve on the offer which was first advertised, although costs can change. The price is now £995pp sharing or £1200 in a single room, which also includes return flights, airport duty and taxes, one suitcase, six nights’ half-board (dinner, bed and breakfast), excursions and a travel representative. More information from Ilona on 07904 680885. If you are interested, please put your name on the list at the back of the churches or call Ilona.

Phoenix Choir Eastbourne & Maastricht present *Messiah* by George Frideric Handel with international soloists and a baroque orchestra on 7 February 2026 at 7pm at All Saints’ Church, Grange Road. See the poster at the back of the church.

Notices for this leaflet and/or the Deanery Newsletter should be sent to Dominic via the parish’s current email address of priest.ctl@icloud.com. There won’t be a deanery newsletter published for February, though.

You can sign up to receive news from the Diocese of Arundel & Brighton. Go to <https://tinyurl.com/ABnewlist> or point your smartphone at the QR code here. The email usually arrives on Thursdays.



You can sign up to receive news from the Ordinariate of Our Lady of Walsingham by visiting their website at ordinariate.org.uk: enter your email address about halfway down the page. February’s email hadn’t been sent when this newsletter was prepared.



Votive Candles: Would you like to sponsor a candle for a personal intention or a special need at CTK? There are Masses available at both churches, although all the principal Sunday Masses are allocated until after Easter. Request forms for candles or Masses are available, which each include a card to give to those being prayed for.

We pray for all the sick of the parish, and especially: Eithne Lloyd, Stuart McCarthy, Marie Williams, Maria P Veras, Sylvia Brady,

Alexandra Waters, Neidilane Emerch, Rose Hellyer, Graham Pegley, Serena May, Enogue G Peixoto, Freda Swales, Vicky Ferrera, and baby Autumn.

And we pray for the repose of the souls of the faithful departed, especially Lexter D'Rozario RIP, Maria Betts RIP, Mick Smitherman RIP, and Robert Cutler RIP who have recently died, and all those who have no-one to pray for them.

Pope Leo's Prayer intention for February is for children with incurable diseases: 'Let us pray that children suffering from incurable diseases and their families receive the necessary medical care and support, never losing strength and hope.'

If you have inadvertently taken Mass cards or booklets home from CTK or St Joachim's, please bring them back. Thank you for those which have already been returned.

Ordinate of Our Lady of Walsingham in Eastbourne

FR NEIL CHATFIELD

Tel 01323 760048; emergency 07718 123304
neil.chatfield@eastbourneordinate.org.uk

Safeguarding matters are dealt with through the Diocese of Arundel & Brighton, who can be contacted on 01293 651148. The Episcopal Vicar in the Ordinate who liaises with local dioceses is Fr Simon Ellis. He can be emailed at safeguarding@ordinate.org.uk.

For enquiries for baptism, first communion, confirmation, and marriages please speak to Fr Neil; also ring the office on 01323 760048.

Website: <https://eastbourneordinate.org.uk>

Facebook page: [/eastbourneordinate](https://facebook.com/eastbourneordinate)

Banking

Eastbourne Ordinate Mission:
40-04-09 82035758

Parish of Christ the King Langney with St Joachim Hampden Park

FR NEIL CHATFIELD

Tel 01323 760048; emergency 07718 123304
priest.ctlk@icloud.com

REVD EUGENE ADAMS, Parish Deacon
07917 276140
deaconctlk@hotmail.com

Parish Safeguarding Co-ordinator

Revd Eugene Adams, 07917 276140
Diocesan Safeguarding Team: 01293 651148

For enquiries for baptism, first communion, confirmation, and marriages please speak to either Fr Neil or Deacon Eugene; also ring the office on 01323 760048.

Parish Hall Bookings 01323 760048

Website: <http://christthekingeastbourne.org>

Facebook page: Christ The King with St Joachim, Eastbourne

Banking

Christ the King: 40-05-20 91127012;
CTK Building Account: "RCD A&B Christ the King Eastbourne" 40-05-20 61256130.
St Joachim's: 40-05-20 51077058.

Week of Septuagesima

(Week 4) (Year A) (Year II)

Day			Location*	Intention
	Vigil Mass of Sunday NO	5:00 pm	CTK	For our Community
Sunday 1 February	Mass NO	9:30 am	St Jo	Fr Charles
SEPTUAGESIMA	Sung Mass DW	11:30 am	CTK	Violet Mercury RIP
SUNDAY 4				
Monday 2 February	Mass NO	11:00 am	OLR	Alice Smith RIP
Presentation of Our Lord	Private Mass			Chimedu Obikwelu
Tuesday 3 February	Mass NO	12:00 noon	CTK	Osundo & Adaobi Ike and children
<i>S Blaise BM; S Ansgar B</i>				
Wednesday 4 February	Mass NO	10:00 am	St Jo	Fr Kevin Dring
<i>S Gilbert of Sempringham Ab</i>				
Thursday 5 February	Exposition; confession; Holy Hour			
S Agatha VM		5:30 pm	CTK	For priests
	Mass DW	7:00 pm	CTK	Basia Sikora
Friday 6 February	Mass NO	10:00 am	CTK	Anna Janka
SS Paul Miki & Companions MM	Exposition, confession following Mass			
Saturday 7 February	Day with Mary			
<i>Feria</i>	Mass DW	10:30 am	CTK	As announced
	Exposition; confession	4:00 pm	CTK	
	Vigil Mass of Sunday NO	5:00 pm	CTK	Ray Clancy RIP
Sunday 8 February	Mass NO	9:30 am	St Jo	For our Community
SEXAGESIMA	Sung Mass DW	11:30 am	CTK	Katie McDonagh RIP
SUNDAY 5				

DW Divine Worship (2014)
NO Novus Ordo (2010)
SM Syro-Malabar Rite (2021)
TLM Traditional Latin Mass (1962), when available

* **CTK** Christ the King Church, 3 Princes Rd BN23 6HT
Stjo St Joachim's Church, 106 Brodrick Rd BN22 9NY
OLR Our Lady of Ransom Church, 2 Grange Rd BN21 4EU
DGH Chapel, District General Hospital, Kings Dr BN21 2UD
† In the Parish room: enter by the side door