Bishop Richard reflects on this weekend's readings:

In the Prayer of the Church, the ancient hymn for today's feast, the *Vexilla Regis*, speaks of the Cross going before us as a "Royal Banner". This hymn was first sung in 569, for a procession of a relic of the True Cross. We are well used to seeing the crucifix carried in procession in church – going before us as we gather for the celebration of the Eucharist.

In the readings for this Sunday, Jesus tells us that He must be lifted up, seen by all who gather around Him, that all may believe in Him. This had been foreshadowed in the Old Testament when God tells Moses to raise up the bronze serpent as a cure for those who look upon it.

Jesus is our life, our healing and, as we gaze upon the Cross, we see his self-emptying that is our forgiveness; His death that leads to Resurrection and to our share in the gift of eternal life.

In this Jubilee Year, when we are called to reflect on our lives as Pilgrims of Hope, we recognise the hope that is the Cross of Christ. It is the Cross, bearing the image of the crucified Lord, that is our banner, going before us on our pilgrim way. Our pilgrimage must entail the carrying of the cross, following in the way of the crucified One, as we journey, witnessing each and every day to the One who died and rose from the dead for the salvation of the world.

With every blessing, + Richard

Change of Mass times this week: please note there is a change to Mass times this week. On Tuesday 16th Sept at 12noon, there is a Requiem Mass for Eileen & Liam Lynch RIP, so there is NO 10.00am Mass. On Thursday 18th Sept, there is Requiem Mass at 11.00am for Agostinha Martins RIP. There will still be a holy hour for priests and 7.00pm Mass (DW) at CTK.

Education Sunday is celebrated this week. On Education Sunday, we give thanks for the gift of Catholic education for nearly 20,000 pupils across our Diocese. We also continue to pray for teachers, staff, governors and parents connected to our schools. This year our celebration coincides with the Feast of the Exaltation of the Holy Cross. The Cross, a sign of suffering and death, has been transformed by Christ into a sign of hope and new life. In every Catholic school, the Cross stands at the heart of the mission, shaping young lives in faith, knowledge, and service.

Late Summer Fayre and Garden Party at CTK on September 20th, 10.30am-2.30pm, BBQ at 11.00am. Can you bake? We need cakes to sell on the day. Please speak to Amanda. We are still in need of donations for our tombola, please leave in the box at the back of the church. Posters are available to promote at your work, pop in your car window or at home etc. Thank you.

MacMillan Coffee Morning at St Anthony's Centre, 557a Seaside, BN23 6NH on Sat 27th Sep, 10am-2pm; this excellent charity supports people living with cancer. Please see posters at the back of the church.

Walsingham Pilgrimage October 14th-16th, please contact Cheryl Wood at OLR parish office (Mon-Fri 9.30am-1.30pm) for more info. Tel 01323.723222.

Feast of Our Lady of Walsingham is celebrated on Wed 24th September. There will be Mass (DW) at CTK at 7.00pm followed by a celebration in the hall. All welcome.

DONA Machine has been repaired and is now available for use. If you have no cash you can still make a contribution to the parish finances by tapping your debit or credit card on the machine. Thanks to all who contribute this way.

Hymns for the Exaltation of the Holy Cross Opening CTK (610). 'When I survey'. St Jo's: (801). 'When I survey' Off: CTK: (524). 'The head that once...'

St Jo's: (503). 'My song is love unknown'

Closing CTK (112). 'Crown him..'

St Jo's: (602). 'Praise my soul'

Catholic Women's League Eastbourne To celebrate Harvest festival this year and as an offering in the month of the Holy Rosary, we will be collecting donations for the Women's Refuge in Eastbourne. The items needed are: toiletries: moisturisers, deodorants, sprays/scents, flannels, toothpaste etc. Full list at back of the church. Place your donations in a marked box at the back of the church until Sunday the 19th October. To give a monetary donation, please place it in an envelope marked 'CWL.'

Cathedral Mass for Altar Servers - Sat 27 Sept, 12 noon at Arundel Cathedral. All altar servers invited to a special Mass led by Bishop Richard, which will celebrate and thank servers for their service. Email aaron.spinelli@abdiocese.org.uk. Holy Mass will be followed by light refreshments (please bring a packed lunch).

Parish Pantomime. We need actors, back-of-house people to do prompting, stage management and front of house, welcoming audiences to the performances. Many of our 'regulars' are taking part again but the more the merrier. Our first meeting is Sunday 21st September in the CTK Parish Hall, at 2pm. See you there! For more information, contact Chris: 07970929795.

First Communion & Confirmation
Preparation: Forms are available at the back
of the church for those children and young
people who wish to make their First Holy
Communion and Confirmation in 2026. The
deadline applying for Holy Communion
preparation is 12th October; for Confirmation,
October 3rd.

Catholic Parish of Eastbourne & St Leonards: A Families & Youth Newsletter (Autumn 2025) is available at the back of the church. It contains information about receiving Sacraments of First Holy Communion, Confirmation, details of where you can attend a Mass with a current children's liturgy group running and ways your child might like to get involved in the Mass and beyond.

Eucharistic Festival on October 10th with Cardinal Nichols in Westminster Cathedral, including Veneration of a Relic of St Carlo Acutis. For further information, click on: https://rcdow.org.news/Celebrating-BI-Carlo-Acutis Canonisation-Diocese of Westminster Parish Clergy
Fr Neil Chatfield
Tel. 01323 760048 or in an emergency - 07718123304 priest.ctk@icloud.com

Rev'd Deacon Eugene Adams Tel. 07917276160 deaconctk@hotmail.com

Safeguarding
Parish Safeguarding Co-ordinator
Deacon Eugene Adams
Contact: 07917 276140
Diocesan Safeguarding Team
Contact: 01293 651148

Sacrament of Reconciliation.
The Sacrament of Confession is available at CTK on Thurs
6-6.45pm,
Friday, 12.45-2.00pm
Saturday, 4-4.45pm.
And on-call. Contact Fr Neil.

For enquiries for Baptism, First Communion, Confirmation, and Marriage, please speak to either Fr Neil or Deacon Eugene; also ring the office : 01323 760048

Parish Hall Bookings Enquiries: 01323 760048

Website: http://christthekingeastbourne.org

<u>Facebook page</u>: Christ The King with St Joachim, Eastbourne

Banking Matters

We have shortened the name of the bank account for those who wish to set up standing orders for Christ the King. CTK main account: A/C Name: RCD A&B Christ the King Eastbourne. Sort Code: 40-05-20 A/C No: 91127012; St Joachim's A/C. Sort Code: 40-05-20; A/C No: 51077058.

Votive Candles. Would you like to sponsor a candle for a personal intention or a special need at CTK? This week the candles are for James, Emma & Melvin RIP, Mary Raphel RIP, Mr P.I.Thomas RIP, Amaka - birthday & thanksgiving, Stuart McCarthy. There are forms available at the back of the church if you would like to sponsor a candle.

	Exaltation of the Holy Cross	Mass Intentions
Saturday Sept 13th	CTK : 4-4.45pm. : Exposition of the Blessed Sacrament	Vincenzo Stanzione RIP
	CTK.: 5.00pm Vigil Mass	
Sun Sept 14th	St Jo's. 9.30am	Agostinha Martins RIP
Feast of the Exaltation of the Holy Cross Education Sunday	CTK 11.30am (DW)	Fr Philip Penfold RIP
Mon Sept 15th		
Our Lady of Sorrows	No Public Mass today.	(Thanksgiving)
Tues Sept 16th Sts Cornelius & Cyprian	CTK.: 12.00noon. Requiem Mass	Eileen & Liam Lynch RIP
Wed Sept 17th	0. 1-1 40 00	Observation to the Market
St Hildegard of Bingen	St Jo's : 10.00am	Sherene de la Motte
Thurs Sept 18th	CTK.: 11.00am. Requiem Mass	Agostinha Martins RIP
	CTK: 5.30-7.00pm. Exposition of the Blessed Sacrament and Holy Hour for priests.	
	CTK: 7.00pm Mass. (DW)	Noreen McCormack
Fri Sept 19th St Theodore of Tarsus	CTK: 10.00am-3.00pm. Exposition of the Blessed Sacrament CTK: 12noon: Mass	Marie-Pierre
Sat Sept 20th St Andrew Kim Taegon & companions	CTK. 4.00pm-4.45pm Exposition of the Blessed Sacrament CTK: 5.00pm Vigil Mass	Sandra Hattersley
Sun Sept 21st 25th Sunday in Ordinary Time	St Jo's.: 9.30am Mass	Private Intention
	CTK.: 11.30am Mass (DW)	Raymond Brady RIP

We pray for all the sick of the parish, and especially: Eithne Lloyd, Stuart McCarthy, Marie Williams, Maria P Veras, Sylvia Brady, Alexandra Waters, Neidilane Emerch, Rose Hellyer, Graham Pegley, Serena May, Enogue G Peixoto, Freda Swales, Bernadette Chandler

For the recently deceased, Eileen Lynch, Liam Lynch, Agostinha Martins,