Bishop Richard reflects on this Sunday's Gospel reading.

Dear brothers and sisters,

This Sunday's Gospel is challenging. It is the account of the casting out of the money changers from the temple. Jesus acts swiftly and with force to remove from the House of Prayer all those things that prevent true devotion and worship, all those things that give offence to the holy place. The closing words of the Gospel: "He could tell what a man had in him" are applied to us just as they were to those whom Jesus encountered in Jerusalem.

Lent is the time when we are called to allow Jesus to remove from our minds and hearts all that should not be there; the time when our prayer, fasting and almsgiving open the doors of our hearts to the One who seeks to dwell in us – Jesus who sees and knows all that is in us.

The Lord's invitation is always there, calling us back to Him. He is always knocking at the door, knowing what is within and desiring to transform us and make us His own. Let us open the doors of our minds and hearts so that we might allow the Lord to forgive all that keeps us from Him, to take up residence. Let us take the steps required to be truly His.

Best Wishes and Prayers, Bishop Richard

Lent Groups. 'Journeying with Jesus through Lent': During Lent there will be an opportunity to join a Lenten group. The meetings will be held on Tuesdays after the 10am Mass and on Wednesday Eve's at 7:30pm, next meetings are on the 5th and 6th March respectively. Both in the parish room at CTK

Stations of the Cross at CTK: during Lent, there will be Stations each Friday at 5.00pm following Adoration of the Blessed Sacrament, as well as every Sunday in March at 10.30am.

Stations of the Cross at St Jo's. : On Wednesdays during Lent, there will be Exposition of the Blessed Sacrament at 9.00am, followed by Mass at 10.00am. Then there will be Stations of the Cross.

Cafod Family Fast Day is kept during Lent when we are encouraged to contribute financially to CAFOD, the national Catholic charity. There are envelopes at the back of the church. This Lent, our donations to CAFOD will help hardworking people like the fishermen in Liberia - with resources, tools and training to feed his family for good.

Pilgrimage of Prayer through the Holy Land is a virtual retreat we can make during Lent in the land of Jesus. It is available on YouTube, and videos are released daily. All previous Lenten videos are available. Each day, a pilgrimage site in Israel is visited and the retreat includes a spiritual talk and hymns to accompany us in our Lenten journey. Just type *'Pilgrimage of Prayer Magdala'* into YouTube to access the website.

CTK Seniors: meet again for our next session on Wed March 13th, at 11.00am-1.00pm in the parish room. All welcome as we join together for nibbles, sharing and fun. As part of our Lenten penance we will have bread & cheese for our light lunch! If you need a lift, contact Dominic - 07709305657

The DGH Hospital chapel service is organised each Sunday by a local church community. On March 17th, it is the turn of our parish, as we gather to pray for the patients, as well as staff and families of the sick. The service is at 3.00-3.30pm in the hospital chapel on the 3rd floor. Free car parking tickets are available. All welcome.

Advance notice: Please note that there will NO MASS on March 12th at CTK.

Hymns for the 3rd Sunday of Lent:

Open: CTK. (338). 'Love is his word '
St Jo's.: (399). 'Love is his word'
Off: CTK (384) 'O Come, O Come Emmanuel '
St Jo's (522). 'O Come, O Come Emmanuel'
Close: CTK.: (82). Christ is made the sure..'
St Jo's.: (21) 'All my hope on God is founded'

Men's Rosary Walk takes place again on Friday, March 8th from 7.00pm-9.00pm starting at CTK parish room. As we walk around the parish we recite the Holy Rosary, praying for God's blessing on our town.

200 Club renewal: We are now approaching the time when reminders to those members is relevant where they pay by cheque £1PW for each numbers i.e. £52 per number. Please make your cheque out to "Christ the King Parish" and pass for the attention of Mike Woods in an envelope. New members are always welcome. Many thanks.

Dona Contactless Machine at CTK: Please feel free to make your donation to the parish via the contactless machine. Your donation can also be Gift Aided.

Gift Aid: If you currently pay, or would like to pay, your offertory by standing order and you are a UK taxpayer, would you be willing to gift aid your payments? For every £1 given under Gift Aid we receive an additional 25p from HMRC. There are forms at the back of the church. Return them to David Cockett; or email them to him: 'PFC.eastbournectk@abdiocese.org.uk.' Many thanks.

Lilia Vickers, a young parishioner from St Jo's writes: I am planning, with my friend Maria, to walk 14 miles from St Jo's across the South Downs and finishing at St George's in Polegate on 30/03/24. It's a 14 mile walk and we will be saying the 14 Stations of the Cross. We are raising money to support our trip to Lourdes; if you could please pray for us and if you are able to sponsor or donate it would be very much appreciated. https://www.justgiving.com/crowdfunding/Lilia-Vickers-Maria-King? utm_term=AVevmAYGW

Pastoral Plan for the Diocese: Please pray for Bishop Richard's pastoral plan for the diocese. Details can be found on the diocesan website. We continue to pray for more vocations to the priesthood, diaconate and religious life. There are also copies of 'The Word Who is Life' at the back of the church.

Newman Association: Bob Clark will be speaking about Eastbourne Street Pastors, CTK parish room on March 18th at 7.30pm. Street Pastors provide support to potentially vulnerable people out at night in Eastbourne town centre. All welcome.

Parish Clergy: Fr Neil Chatfield Tel. 01323 760048 or in an emergency - 07718123304 priest.ctk@icloud.com

Rev'd Deacon Eugene Adams Tel. 07917276140 deaconctk@hotmail.com

Safeguarding
Parish Safeguarding Co-ordinator
Deacon Eugene Adams
Contact: 07917 276140
Diocesan Safeguarding Team
Contact: 01293 651148

For enquiries for baptism, first communion, confirmation, and marriages please speak to either Fr Neil or Deacon Eugene; also ring the office. 01323 760048

Parish Hall Bookings Enquiries: 01323 760048

Website : http://christthekingeastbourne.org

Facebook page: Christ The King with St Joachim, Eastbourne

Banking Matters

We have shortened the name of the bank account for those who wish to set up standing orders for Christ the King.

CTK main account details: Sort Code: 40-05-20 A/C No: 91127012; CTK

Building Account No: 61256130. A/C Name: RCD A&B Christ the King

Eastbourne. St Joachim's A/C. Sort

Code: 40-05-20; A/C No: 51077058.

Votive Candles. Would you like to sponsor a weekly candle for a personal intention or a special individual, by the Blessed Sacrament tabernacle, the statue of Our Lady of Walsingham or the statue of St Joseph by the church porch? This week the candles are for Fr David Rhys RIP and Jamie Von Speyr. There are forms available at the back of the church if you would like to sponsor a candle.

Make a donation on-line to the parish today! Scan the QR code below, select our parish and add Gift Aid if you pay tax. Also see the poster at the back of the church.



	Third Sunday of Lent	Mass Intentions
Sat. March 2nd	CTK.: 4-4.45pm. Adoration of the Blessed Sacrament CTK.: 5.00pm	Holy Souls
Sun March 3rd Third Sunday of Lent	St Jo's. 9.30am CTK 11.30am CTK. 4.00pm. (DW)	People of the Parish Jose Ameijenda RIP (1st Anniv) Thanksgiving
Mon March 4th	No public Mass today	(Holy Souls)
Tues. March 5th	CTK: 10.00am	Fr John Pearson RIP
Wed March 6th	St Jo's: 9.00am Exposition & Adoration of the Blessed Sacrament 10.00am. Mass 10.30am. Stations of the Cross	Ella & Colin Smitherman Rll
Thurs March 7th	CTK: 5.30pm-7.00pm Holy Hour for Priests 7.00pm Mass (DW)	Thanksgiving
Fri March 8th	CTK. 12noon: Mass Followed by exposition and adoration of the Blessed Sacrament till 5.00pm.	Thanksgiving for Freddie's recovery
	CTK.: 5.00pm	Stations of the Cross
Sat March 9th	CTK: 4-4.45pm Adoration of the Blessed Sacrament CTK: 5.00pm Mass	Bridget O'Regan RIP
Sun. March 10th Fourth Sunday of Lent	St Jo's.: 9.30am. Mass	Mrs Marie Poole
	CTK.: 11.30am Mass	People of the Parish
	CTK.: 4.00pm. Mass (DW)	Charles John Hollands RIP

We pray for the sick of the parish, especially: Emma Raper, Eithne Lloyd, Peter Champion, Chris Gimmons, Stuart McCarthy, Helena Sagnelia, Frankie Farrell, Daisy Kelly, Sue & Mick O'Driscoll, Rene Cook, Jan Blake, Sandra McMeekin, David Dwyer, Diana Smith, Sr Mary Keiley, Jane Hollands, Kirina Blaty, Moira Morrison, Philip Duffy, Theresa Kitchener, Betty Donovan, Marie Williams, Terry Swales, Pauline Sollis, Alexandra Waters, Lucas Mack, Zachary Hurst, Daniel Markham, Maria P Veras, Alison J Thomas, Mary Ayling, Alan Calivas, Fr Laurence Quin-Morris, Maria Rosa Ferro, Deacon Dave Turner, June Neville, Sylvia Brady, Sue Davies, Deacon Richard Harvey, Samantha McLoughlin

For the recently deceased: For the repose of the souls of: Jose Ameijenda (1st anniv), David McMeekin, Theresa Janka, Viviana Anna Maria Fossati,