Bishop Richard reflects on this Sunday's Gospel reading.

Difficulties and challenges come to us in ways we do not always expect. At this present time, the world is riven with conflict and war, bringing fear, destruction and death to so many across the world. This is a deeply worrying time for many of us, a time of distress.

Abraham found himself in a place of distress – called to sacrifice his only son. He trusted. Isaac was, as it were, plucked from the jaws of death and Abraham's succession assured. There was new life. Isaac foreshadows Jesus, in a sense. Jesus is the only Son of the Father. Jesus IS put to death – but there is new life. Abraham is provided with a sheep for the sacrifice. Jesus, the Lamb of God dies for us; dies that we might have life.

Today's Gospel is deeply significant. In the Transfiguration, the Apostles are given a glimpse of what is to come. Jesus will be put to death and He will rise again (as He tells them on the way down the mountain). This experience of the Transfiguration strengthens the Apostles for what is to come – it takes them beyond – to the hope that is Jesus' gift to us.

Sometimes our lives can seem like mountains – an uphill struggle in a place in which we may feel uncomfortable. Yet Jesus is with us. What is more, He shows us the way we must follow and the promise and hope that he gave to Peter, James and John, He gives to you and to me. Life is ours – it is Jesus' gift to us.

In this great Season of Lent, let us be open to the love that He gives freely – that love that is forgiveness, the gift of prayer, the wonder of the Eucharist, the life of the Church that He calls us to share with the whole world.

Best Wishes and Prayers, Bishop Richard

Lent Groups. 'Journeying with Jesus through Lent': During Lent there will be an opportunity to join a Lenten group. The meetings will be held on Tuesdays after the 10am Mass and on Wednesday Eve's at 7:30pm, next meetings on on the 27th and 28th February respectively. Both in the parish room at CTK.

Stations of the Cross at CTK: during Lent, there will be Stations each Friday at 5.00pm following Adoration of the Blessed Sacrament, as well as every Sunday in March at 10.30am.

'We Love Gospel' - a fundraiser for Ukraine. Music, entertainment and fun! Featuring Fr Kevin, Rick Bonner, Lana Bright and many others. Sunday 25th Feb at 12.30pm in OLR Church hall. See poster at the back of the church.

DGH Hospital Mass: There is a Mass in the chapel at the DGH on the last Tuesday of each month at 12noon. The next Mass is on Tuesday 27th Feb. The chapel is found on Level 3 near Friston Ward. All welcome as we pray for the patients, family, friends and staff.

Cafod Family Fast Day is kept during Lent when we are encouraged to contribute financially to CAFOD, the national Catholic fund for overseas development. There are envelopes at the back of the church. There are other Catholic charities that we might like to support during Lent as part of our spiritual discipline of almsgiving, e.g. Aid to the Church in Need, Friends of the Holy Land, Let the Children Live. This Lent, our donations to CAFOD will help hardworking people like the fishermen in Liberia - with resources, tools and training to feed his family for good.

Pilgrimage of Prayer through the Holy Land is a virtual retreat we can make during Lent in the land of Jesus. It is available on YouTube, and videos are released daily. All previous Lenten videos are available. Each day, a pilgrimage site in Israel is visited and the retreat includes a spiritual talk and hymns to accompany us in our Lenten journey. Just type *'Pilgrimage of Prayer Magdala'* into YouTube to access the website.

Hymns for the 2nd Sunday of Lent :

Open: CTK. (242). 'Immortal, invisible' St Jo's.: (301). 'Immortal, invisible' Off: CTK (424). 'O praise our God'. St Jo's (548). 'O praise our God' Close: (529). 'The light of Christ' St Jo's.: (703). 'The light of Christ'

World Day of Prayer : Friday, March 1st at Emmanuel Church, Upperton Rd, Eastbourne. Prepared by the Christian women of Palestine. 2.30pm in the church, followed by refreshments in the hall. See poster at the back of the church.

Men's Rosary Walk takes place again on Friday, March 8th from 7.00pm-9.00pm starting at CTK parish room. As we walk around the parish we recite the Holy Rosary, praying for God's blessing on our town.

200 Club renewal: We are now approaching the time when reminders to those members is relevant where they pay by cheque £1PW for each numbers i.e. £52 per number. Please make your cheque out to "Christ the King Parish" and pass for the attention of Mike Woods in an envelope. New members are always welcome. Many thanks.

'Dona Contactless Machine' at CTK: Please feel free to make your donation to the parish via the contactless machine. Your donation can also be Gift Aided. The Dona Machine is to be found at the back of the church.

Gift Aid: If you currently pay, or would like to pay, your offertory by standing order and you are a UK taxpayer, would you be willing to gift aid your payments? For every £1 given under Gift Aid we receive an additional 25p from HMRC. There are forms at the back of the church. Return them to David Cockett; or email them to him: 'PFC.eastbournectk@abdiocese.org.uk.' Many thanks.

Throughout February, Pope Francis has asked us to remember the terminally ill and their family and friends in our prayers.

Worth Abbey Lent Talks 9 & 16 March, 11am-1.15pm. The talks are on the themes of Half- Way Home -The Season of Lent as prelude to Easter. Each session includes times of reflection and prayer and concludes with an optional lunch. Go to https://www.tickettailor.com/ events/ worthabbey?ct=t to book your free place

Our Lady of Fatima: Visitation of the Statue of Our Lady of Fatima and the relics of Ss Jacinta & Francisco, St Peter's Church, Shoreham by Sea, BN43 5WG; Sat 2nd March 2024 from 9.45pm; for more information email: patsydaniels@gmail.com

St David's Day is celebrated on March 1st. He is the patron saint of Wales.

Parish Clergy: Fr Neil Chatfield Tel. 01323 760048 or in an emergency - 07718123304 priest.ctk@icloud.com

Rev'd Deacon Eugene Adams Tel. 07917276140 deaconctk@hotmail.com

Safeguarding
Parish Safeguarding Co-ordinator
Deacon Eugene Adams
Contact: 07917 276140
Diocesan Safeguarding Team
Contact: 01293 651148

For enquiries for baptism, first communion, confirmation, and marriages please speak to either Fr Neil or Deacon Eugene; also ring the office. 01323 760048

Parish Hall Bookings Enquiries: 01323 760048

Website: http://christthekingeastbourne.org

Facebook page: Christ The King with St Joachim, Eastbourne

Banking Matters

We have shortened the name of the bank account for those who wish to set up standing orders for Christ the King. CTK main account details: Sort Code: 40-05-20 A/C No: 91127012; CTK Building Account No: 61256130. A/C Name: RCD A&B Christ the King Eastbourne. St Joachim's A/C. Sort Code: 40-05-20; A/C No: 51077058.

Votive Candles. Would you like to sponsor a weekly candle for a personal intention or a special individual, by the Blessed Sacrament tabernacle, the statue of Our Lady of Walsingham or the statue of St Joseph by the church porch? This week the candles are for Theresa Janka RIP and Agnes Curtis RIP. There are forms available at the back of the church if you would like to sponsor a candle.

Make a donation on-line to the parish today! Scan the QR code below, select our parish and add Gift Aid if you pay tax. Also see the poster at the back of the church.



	Second Sunday of Lent	Mass Intentions
Sat. Feb 24th	CTK.: 4-4.45pm. Adoration of the Blessed Sacrament CTK.: 5.00pm	People of the Parish
Sun Feb 25th Second Sunday of Lent 'Transfiguration Sunday'	St Jo's. 9.30am CTK 11.30am CTK. 4.00pm. (DW)	Mrs Eugenia Cupial RIP Charles John Hollands RIP Alice & Frank Putland RIP
Mon Feb 26th	No public Mass today	(Thanksgiving)
Tues Feb 27th	CTK : 10.00am	Maria Hunt RIP
Wed Feb 28th	St Jo's: 10.00am. Mass	Hugh Parkes RIP
Thurs Feb 29th	CTK: 5.30pm-7.00pm Holy Hour for Priests 7.00pm Mass (DW)	Holy Souls
Fri March 1st St David	CTK. 12noon: Mass Followed by exposition and adoration of the Blessed Sacrament till 5.00pm. CTK.: 5.00pm	Thanksgiving Stations of the Cross
Sat March 2nd	CTK: 4-4.45pm Adoration of the Blessed Sacrament CTK: 5.00pm Mass	Holy Souls
Sun. March 3rd Third Sunday of Lent	St Jo's.: 9.30am. Mass CTK.: 11.30am Mass CTK.: 4.00pm. Mass (DW)	People of the Parish Jose Ameijenda RIP Thanksgiving

We pray for the sick of the parish, especially: Emma Raper, Eithne Lloyd, Peter Champion, Chris Gimmons, Stuart McCarthy, Helena Sagnelia, Frankie Farrell, Daisy Kelly, Sue & Mick O'Driscoll, Rene Cook, Jan Blake, Sandra McMeekin, David Dwyer, Diana Smith, Sr Mary Keiley, Jane Hollands, Kirina Blaty, Moira Morrison, Philip Duffy, Theresa Kitchener, Betty Donovan, Marie Williams, Terry Swales, Pauline Sollis, Alexandra Waters, Lucas Mack, Zachary Hurst (age 3 years) Daniel Markham, Maria P Veras, Alison J Thomas, Mary Ayling, Alan Calivas, Fr Laurence Quin-Morris, Maria Rosa Ferro, Deacon Dave Turner, June Neville, Sylvia Brady, Sue Davies, Deacon Richard Harvey,

For the recently deceased: We pray for the repose of the souls of: Jose Ameijenda (1st anniv), Agostinho Jorge Alves, Bridget Smith, James (Jim) O'Hara, Abbot Stephen Ortiger, Agnes Curtis, David McMeekin, Theresa Janka