Bishop Richard reflects on this Sunday's Gospel reading.

Our Lenten journey has begun. Ash Wednesday initiated this wonderful season in the Church's year. This season of 40 days mirrors the time of the flood, about which we hear in this Sunday's First Reading. Our 40 days mirrors the 40 years that the people of the Exodus spent in the desert on their way to the Promised Land. Our 40 days are spent with the Lord Himself, as He is in the desert before the start of His public ministry.

There are times in the lives of each one of us when we find ourselves in the desert. Indeed, as we begin Lent at a time when so many parts of the world are torn apart by war and conflict, resulting in a great deal of concern for the whole world, we are in the very particular desert that this brings. Lent this year must surely be a time of prayer for peace.

Both the flood and the Exodus were times of conversion – a renewed awareness of God's presence and place in the lives of His chosen people. The experience called them to new promises that God would make with them. The New Covenant in Christ is sealed in His Death and Resurrection.

This season, then, is the great time for us to turn to face the Lord, to gaze upon the instruments of the Passion and to recognise, in the very depth of our hearts, all that Jesus did for us in His Death and Rising. There can be only one response to His action – renewed commitment to Him.

Our Lenten fasting, prayer and charity – all intrinsic aspects of this season – are necessary pointers to our reliance on the Lord. This is their value. We deny ourselves so that we can see more clearly our reliance on Him. This year, our prayer for peace reminds us that we cannot find peace on our own. Let us offer our fasting for the intention of peace. May our Lenten almsgiving help us to re-focus on the Lord of Life, rather than the self-interest of consumerism.

In the Upper Room, after the Resurrection, Jesus gave the Apostles the gift of peace – may we all be open to that gift this Lent, this coming Easter and, indeed, every day.

Best Wishes and Prayers, Bishop Richard

Lent Groups. 'Journeying with Jesus through Lent': During Lent there will be an opportunity to join a Lenten group. The meetings will be held on Tuesdays after the 10am Mass and on Wednesday Eve's at 7:30pm, starting on the 20th and 21st February respectively. Both in the parish room at CTK. Please note that the first meeting on Tuesday 20th Feb will be at 10.30am in the Parish Room. All welcome.

Stations of the Cross at CTK: during Lent, there will be Stations each Friday at 5.00pm following Adoration of the Blessed Sacrament.

Lenten books. Spiritual materials for Lent are available to help us during our Lenten preparation. Copies of a 'Prayer for a Fruitful Lent' and 'Catholic Herald' are at the back of the church. There is also a Lenten calendar for children available. Please take a copy.

Agnes Curtis's funeral is on Tues 20th Feb at 12.30pm in CTK, so there will be NO 10.00am Mass on that day. We pray for the repose of Agnes's soul, and remember especially her family and friends at this time. RIP.

David McMeekin RIP: Please pray for the repose of the soul of David who passed away recently. David was a very active parishioner for many years and gave dedicated service to the Church in many different ways. We also remember his family and friends at this time.

'We Love Gospel' - a fundraiser for Ukraine. Music, entertainment and fun! Featuring Fr Kevin, Rick Bonner, Lana Bright and many others. Sunday 25th Feb at 12.30pm in OLR Church hall. See poster at the back of the church.

Hymns for the 1st Sunday of Lent:

Open: CTK. (180). 'God of mercy'
St Jo's.: (219). 'God of mercy'
Off: CTK (150). Forty days and forty nights'.
St Jo's: (185). 'Forty days and forty nights'
Close: (298). 'Lead us heavenly Father'
St Jo's.: (351). 'Lead us heavenly Father'

World Day of Prayer : Friday, March 1st at Emmanuel Church, Upperton Rd, Eastbourne. Prepared by the Christian women of Palestine. 2.30pm in the church, followed by refreshments in the hall. See poster at the back of the church.

A Day with Mary: CTK - Sat 24th February. 10am : Start

Procession with the statue of Our Ladv

Greeting of Our Lady, Votive Mass of Our Lady
The Angelus, Sorrowful Mystery of the Rosary,
Litany of Loreto; Lunch (bring food)
Mary's Way of the Cross
Exposition, Procession of the Blessed Sacrament
& silent Adoration
Glorious Mystery of the Holy Rosary
4pm Reposition of the Blessed Sacrament; end.
Sacrament of Confession available during the

Men of St Joseph, a parish group offering spiritual support and friendship for the men in CTK and St Jo's will now meet weekly on a Friday evening in the parish room CTK, 7.30pm-9.00pm; the next meeting is on Feb 23rd. All welcome.

200 Club renewal: We are now approaching the time when reminders to those members is relevant where they pay by cheque £1PW for each numbers i.e. £52 per number. Please make your cheque out to "Christ the King Parish" and pass for the attention of Mike Woods in an envelope. New members are always welcome. Many thanks.

'Dona Contactless Machine' at CTK: Please feel free to make your donation to the parish via the contactless machine. Your donation can also be Gift Aided. The Dona Machine is to be found at the back of the church.

CTK Church Cleaning. Thanks to those who have volunteered to clean the church. We now have 7 teams so the work load will be spread over several weeks. Rotas are available in marked envelopes left at the back of the Church this weekend.

Gift Aid: If you currently pay, or would like to pay, your offertory by standing order and you are a UK taxpayer, would you be willing to gift aid your payments? For every £1 given under Gift Aid we receive an additional 25p from HMRC. If you are interested please speak to David Cockett or email him at

 $\label{eq:condition} \begin{tabular}{ll} $^{\mbox{\sc PFC.eastbournectk}@abdiocese.org.uk}. \end{tabular} $$ Many thanks. \end{tabular}$

Parish Clergy: Fr Neil Chatfield Tel. 01323 760048 or in an emergency - 07718123304 priest.ctk@icloud.com

Rev'd Deacon Eugene Adams Tel. 07917276140 deaconctk@hotmail.com

Safeguarding
Parish Safeguarding Co-ordinator
Deacon Eugene Adams
Contact: 07917 276140
Diocesan Safeguarding Team
Contact: 01293 651148

For enquiries for baptism, first communion, confirmation, and marriages please speak to either Fr Neil or Deacon Eugene; also ring the office. 01323 760048

Parish Hall Bookings Enquiries: 01323 760048

Website: http://christthekingeastbourne.org

Facebook page: Christ The King with St Joachim, Eastbourne

Banking Matters

We have shortened the name of the bank account for those who wish to set up standing orders for Christ the King. CTK main account details: Sort Code: 40-05-20 A/C No: 91127012; CTK Building Account No: 61256130. A/C Name: RCD A&B Christ the King Eastbourne. St Joachim's A/C. Sort Code: 40-05-20; A/C No: 51077058.

Votive Candles. Would you like to sponsor a weekly candle for a personal intention or a special individual, by the Blessed Sacrament tabernacle, the statue of Our Lady of Walsingham or the statue of St Joseph by the church porch? This week the candles are for David McMeekin RIP and Deacon Richard Harvey. There are forms available at the back of the church if you would like to sponsor a candle.

Make a donation on-line to the parish today! Scan the QR code below, select our parish and add Gift Aid if you pay tax. Also see the poster at the back of the church.



Weekly Mass Schedule

	1st Sunday of Lent	Mass Intentions
Sat. Feb 17th	CTK.: 4-4.45pm. Adoration of the Blessed Sacrament CTK.: 5.00pm	Romaani de La Motte
Sun Feb 18th 1st Sunday of Lent	St Jo's. 9.30am CTK 11.30am CTK. 4.00pm. (DW)	Holy Souls Luke Roarty RIP Brian Hichisson RIP
Mon Feb 19th	No public Mass today	(Holy Souls)
Tues Feb 20th	CTK: 12.30pm. Requiem Mass for Agnes Curtis RIP	Agnes Curtis RIP
Wed Feb 21st St Robert Southwell	St Jo's: 10.00am. Mass	Mary Carton RIP
Thurs Feb 22nd St Peter's Chair	CTK: 5.30pm-7.00pm Holy Hour for Priests 7.00pm Mass (DW)	John & Catherine Geraighty & family
Fri Feb 23rd St Polycarp	CTK. 12noon: Mass Followed by exposition and adoration of the Blessed Sacrament till 5.00pm. CTK.: 5.00pm	Holy Souls Stations of the Cross
Sat Feb 24th	CTK: 4-4.45pm Adoration of the Blessed Sacrament	
	CTK : 5.00pm Mass	People of the Parish
Sun. Feb 25th Second Sunday of Lent	St Jo's.: 9.30am. Mass CTK.: 11.30am Mass	Mrs Eugenia Cupial RIP Charles John Hollands RIP
	CTK.: 4.00pm. Mass (DW)	Alice & Frank Putland RIP

We pray for: Emma Raper, Eithne Lloyd, Peter Champion, Chris Gimmons, Stuart McCarthy, Helena Sagnelia, Frankie Farrell, Daisy Kelly, Sue & Mick O'Driscoll, Rene Cook, Jan Blake, Sandra McMeekin, David Dwyer, Diana Smith, Sr Mary Keiley, Jane Hollands, Kirina Blaty, Moira Morrison, Philip Duffy, Theresa Kitchener, Betty Donovan, Marie Williams, Terry Swales, Pauline Sollis, Alexandra Waters, Lucas Mack, Zachary Hurst (age 3 years) Daniel Markham, Maria P Veras, Alison J Thomas, Mary Ayling, Alan Calivas, Fr Laurence Quin-Morris, Maria Rosa Ferro, Deacon Dave Turner, June Neville, Sylvia Brady, Sue Davies, Deacon Richard Harvey

For the recently deceased: Charles John Hollands, Agostinho Jorge Alves, Bridget Smith, James (Jim) O'Hara, Abbot Stephen Ortiger, Agnes Curtis, David McMeekin