

Bishop Richard reflects on this Sunday’s Gospel reading.

Capernaum, the town where so much of Jesus’ public ministry in Galilee was centred, had a very significant synagogue. Visiting the remains of the town today, one can see the black basalt stone foundations of the synagogue of Jesus’ time, with the remnants of a later building constructed on those same foundations. It was a real centre for the town, a place of prayer, a place of peace, of preaching and of mission for the Jewish community.

Mark, in today’s Gospel, relates two experiences of Jesus' authority – the authority of His teaching and the outpouring of His authority over the unclean spirit that possessed the man whom Jesus healed. Jesus’ teaching has the authority that is His as the Word made Flesh and the power of the authority of His teaching is recognised by those who listen to Him. The Word of God – made flesh in the person of Jesus – is always active. This outpouring of action is seen in the healing of the man who is possessed. Jesus' authority in action overcomes all things.

In the person of Jesus, the prophecies of former times – going right back to Moses' prophecy in the first reading this Sunday – are fulfilled. All of human history looks to the moment of Jesus, “The Word who is Life.” In the Synagogue in Capernaum, His teaching called people to truth; His healing brought the possessed man to healing, to a place of dignity, of life and of peace.

Each of us is called in the same way: to listen to the truth of the Gospel and to find in it the dignity and healing that is the universal call to holiness. Just as the man healed in the Gospel found peace, so we are called to “a peace that the world cannot give”, that is Jesus’ gift to us. We must, therefore, be peacemakers and in a world so torn apart by conflict, that call is ever more insistent. Let us pray that we may answer, with renewed hope and vigour, that call to be bearers of peace.

With every blessing, + Richard

Lent begins on Ash Wednesday, Feb 14th. Mass times are 10.00am at St Jo’s, 12noon at CTK, and 7.00pm at CTK (DW). Ashes will be distributed at all Masses. The diocese is running a Lenten course as a way of making the most of Lent as a spiritual event. It’s called ‘Invited Lent 2024’. It is a deeper dive into our faith and is designed to help us grow as Disciples of Jesus. This is a great opportunity to continue to forge our parishes into communities of saints, just as Bishop Richard has asked us to do. There are details in the leaflet at the back of the church; please take a copy home with you.

Men of St Joseph, a parish group offering spiritual support and friendship for the men in CTK and St Jo’s will now meet weekly on a Friday evening in the parish room CTK, 7.30pm-9.00pm; the next meeting is on Feb 2nd. All welcome.

Men’s Rosary Walk takes place again on Friday, Feb 9th from 7.00pm-9.00pm starting at CTK parish room. As we walk around the parish we recite the Holy Rosary, praying for God’s blessing on our town. We then gather afterward for a time of sharing and nibbles.

St Joachim’s are preparing for Lent with pancakes after Mass on Feb 11th. We are asking for £1 donation. Also we are after a fridge - if anyone is getting rid of one, let Sam know on 07790673118.

Hymns for the 4th Sunday in Ordinary Time :
Open : CTK. (50). ‘At the name of Jesus’
St Jo’s. : (59). ‘At the name of Jesus’
Off : CTK (456). ‘Praise to the Lord’
St Jo’s. (608). ‘Praise to the Lord’
Close : CTK (404) ‘O Lord my God’
St Jo’s : (568). ‘O Lord my God’

The Bishop’s pastoral plan has been published! It’s called ‘The Word who is Life - The Call to Mission’. There are copies of an abridged version available in the church, and it is also accessible online. Instead of eight independent parishes in the future, in our deanery, there will be one big parish : a ‘community of communities’, as the Bishop said in his Pastoral Letter a few weeks ago. The plan can also be accessed on the diocesan website: www.abdiocese.org.uk/diocese/pastoral-plan.

Altar Server Training. Training for existing Altar servers and servers from St Jo’s and CTK wishing to attain the award of the St Stephen’s Medal will be held on Sat 3rd February 2024 from 10.00am-12.00pm at St Joachim’s Church. All servers are welcome to attend.

Church Cleaning at CTK : many thanks to those who signed up for church cleaning. We now have 10 people on the list which means we can have 5 teams of 2 people; there’s still time if you would like to join.

CTK Seniors meet again for our next session on Wed Feb 14th, at 11.00am-1.00pm in the parish room. There’s a Mass at 12noon for Ash Wednesday, so we will have the opportunity to attend that Mass if so desired. All welcome as we join together for nibbles, sharing and fun. If you need a lift, contact Dominic - 07709305657.

February 2nd is the feast of the Presentation of the Lord, also known as Candlemas. It marks 40 days since Christmas Day and is the end of the Christmas season. We remember Jesus’s presentation in the temple by Mary and Joseph, and their meeting with Simeon and Anna. Mass with blessing of candles at 12noon at CTK.

Newman Association : All parishioners are warmly invited to our next meeting when Fr Kevin Dring will be speaking on the topic "Sexuality and gender issues within contemporary Catholic thought.” This will be at St Martha’s church hall, Little Common, on Thurs 8th Feb 7.30 to 9pm.

The Phoenix Choir will be singing Durufle’s Requiem and other French masterpieces on Sat 3rd Feb at 7.30pm in All Saints church, Grange Road. Tickets £15 (concessions available) from the Visitor Centre, Reid & Dean estate agents and online at WeGotTickets.

Parish Clergy :
Fr Neil Chatfield
Tel. 01323 760048 or in an emergency - 07718123304
priest.ctlk@icloud.com

Rev’d Deacon Eugene Adams
Tel. 07917276140
deaconctlk@hotmail.com

Safeguarding
Parish Safeguarding Co-ordinator
Deacon Eugene Adams
Contact: 07917 276140
Diocesan Safeguarding Team
Contact: 01293 651148

For enquiries for baptism, first communion, confirmation, and marriages please speak to either Fr Neil or Deacon Eugene; also ring the office. 01323 760048

Parish Hall Bookings
Enquiries: 01323 760048

Website :
<http://christthekingeastbourne.org>

Facebook page: Christ The King with St Joachim, Eastbourne

Banking Matters

We have shortened the name of the bank account for those who wish to set up standing orders for Christ the King. **CTK main account** details : Sort Code : **40-05-20** A/C No : **91127012**; **CTK Building Account No : 61256130.** A/C Name : **RCD A&B Christ the King Eastbourne.** St Joachim’s A/C. Sort Code : **40-05-20**; A/C No : **51077058.**

Votive Candles. Would you like to sponsor a weekly candle for a personal intention or a special individual, by the Blessed Sacrament tabernacle, the statue of Our Lady of Walsingham or the statue of St Joseph by the church porch? This week the candles are for Gary Neville RIP and Jim O’Hara RIP. There are forms available at the back of the church if you would like to sponsor a candle.

Make a donation on-line to the parish today! Scan the QR code below, select our parish and add Gift Aid if you pay tax. Also see the poster at the back of the church.



Weekly Mass Schedule		
	4th Sunday in Ordinary Time	Mass Intentions
Sat. Jan 27th	CTK. : 4-4.45pm. Adoration of the Blessed Sacrament CTK. : 5.00pm	Joanna Stibbs RIP
Sun Jan 28th	St Jo's. 9.30am CTK 11.30am CTK. 4.00pm. (DW)	Patricia Raphael RIP People of the parish
Mon Jan 29th	No public Mass today	(Roland de La Motte RIP)
Tues Jan 30th	CTK : 10.00am Mass	Joshi, Salomy, Sibil, Rosemary, Jo, Tom, Jess, Sunish, Mary, Paily
Wed Jan 31st St John Bosco	St Jo's : 10.00am. Mass	Mimi Silburn RIP
Thurs Feb 1st	CTK : 5.30pm-7.00pm Holy Hour for Priests 7.00pm Mass	Fr Gerard's Anniv of Ordination
Fri Feb 2nd The Presentation of the Lord, Candlemas	CTK. 12noon Follow by exposition and adoration of the Blessed Sacrament till 5.00pm	Pamela Chatfield RIP
Sat Feb 3rd St Blaise	4-4.45pm. CTK : Adoration of the Blessed Sacrament CTK : 5.00pm Mass	Ian Platt RIP
Sun. Feb 4th Fifth Sunday in Ordinary Time	St Jo's. : 9.30am. Mass CTK. : 11.30m. Mass CTK. : 4.00pm. Mass (DW)	People of the Parish Katie McDonagh RIP Tom Kelsey RIP

We pray for: Emma Raper, Eithne Lloyd, Peter Champion, Chris Gimmons, Stuart McCarthy, Helena Sagnelia, Frankie Farrell, Daisy Kelly, Sue & Mick O’Driscoll, Rene Cook, Jan Blake, Sandra McMeekin, David Dwyer, Diana Smith, Sr Mary Keiley, Jane Hollands, Kirina Blaty, Moira Morrison, Philip Duffy, Theresa Kitchener, Betty Donovan, Marie Williams, Terry Swales, Pauline Sollis, Alexandra Waters, Lucas Mack, Zachary Hurst (age 3 years) Daniel Markham, Maria P Veras, Alison J Thomas, Mary Ayling, Alan Calivas, Fr Laurence Quin-Morris, Maria Rosa Ferro, Deacon Dave Turner, June Neville, Sylvia Brady, Sue Davies

For the recently deceased: Fr John Lungley, Gary Neville, Olive Woodall, Charles John Hollands, Agostinho Jorge Alves, Bridget Smith, James (Jim) O’Hara.