Scott Hahn's reflection on this week's readings:

'The Israelites' hearts were hardened by their hardships in the desert. Though they saw His mighty deeds, in their thirst they grumble and put God to the test in today's First Reading—a crisis point recalled also in today's Psalm. Jesus is thirsty, too in today's Gospel. He thirsts for souls (see John 19:28). He longs to give the Samaritan woman the living waters that well up to eternal life.

These waters couldn't be drawn from the well of Jacob, father of the Israelites and the Samaritans. But Jesus was something greater than Jacob (see Luke 11:31–32).

The Samaritans were Israelites who escaped exile when Assyria conquered the Northern Kingdom eight centuries before Christ (see 2 Kings 17:6, 24–41). They were despised for intermarrying with non-Israelites and worshipping at Mount Gerazim, not Jerusalem.

But Jesus tells the woman that the "hour" of true worship is coming, when all will worship God in Spirit and truth. Jesus' "hour" is the "appointed time" that Paul speaks of in today's Epistle. It is the hour when the Rock of our salvation was struck on the Cross. Struck by the soldier's lance, living waters flowed out from our Rock.

These waters are the Holy Spirit (see John 7:38–39), the gift of God (see Hebrews 6:4). By the living waters the ancient enmities of Samaritans and Jews have been washed away, the dividing wall between Israel and the nations is broken down (see Ephesians 2:12–14,18). Since His hour, all may drink of the Spirit in Baptism (see 1 Corinthians 12:13).

In the Eucharist, the Lord now is in our midst—as He was at the Rock of Horeb and at the well of Jacob. In the "today" of our Liturgy, He calls us to believe: "I am He," come to pour out the love of God into our hearts through the Holy Spirit. How can we continue to worship as if we don't understand? How can our hearts remain hardened?"

Lenten study groups. Fr Neil will be leading a study group during Lent on the 'Theology of The Body,' a subject close to the heart Pope St John Paul II. It will be held on Tuesday mornings, at 11.00am after the 10.00am Mass in the parish room at CTK. Another group for men will meet at 8.00pm on Thursday evenings, hosted by the parish 'Men of St Joseph' looking at the same material. Also, Graham and Virginia will be leading a study group on Wed evenings at 7.30pm in the parish room at CTK. All welcome.

Stations of the Cross. During Lent, Stations of the Cross will take place after the Exposition and Adoration on Fridays at 5.00pm at CTK.

CAFOD and **CTS** are both running a Lenten Sign-up course by email with reflections and resources. Please check their websites for more information.

St Patrick's Night Celebration, organised by the PTA of St Thomas a Beckett Catholic Primary School, at OLR Parish Centre on 18th March 19.15-22.30. £10 per head. Please see poster at the back of the Church.

World Youth Day: Join the Holy Father and millions of young people from all over the world as we travel from 31st July-7th August 2023 to Lisbon, Portugal, to celebrate our Catholic faith. See poster at the back of the church.

Parish Social Events for 2023 at CTK: dates for your diary:

April 1st - Easter Spring Fayre, 10am-4.00pm in parish hall; April 16th Bacon Rolls after 11.30 Mass; 22nd April - fish & chips at 1.30pm; May 8th Coronation Tea at 2.00pm, bring a plate to share; 17th June - International
Food Fair: 6.30pm, adults £6, children under 10, £3. 16th Dec.Christmas dinner/raffle, cost: £16, children under 10 £6, family of 4: £38.

Also, there will be a Summer BBQ in Aug/Sep; New Year Brunch 2024,
dates tbc.

Hymn Numbers for 3rd Sunday of Lent:

Open: (CTK). 44 'As earth that is dry'
(St Jo's) 54. 'As the deer pants for the water'
Off.: (CTK.) 424 'O praise our great and glorious'
(St Jo's): 272. 'I am the bread of life'
Close: (CTK): 190. 'Guide me O thou great..'
(St Jo's): 595. 'Peace is flowing like a river'

Spanish Lessons are being offered by a member of our Parish. If interested please contact Mariela: mariela.goode@yahoo.com. Please note a small charge will be made for lessons which will be donated to our Parish.

Handel's Dramatic Masterpiece: 'Samson', 7.30pm Sat April 1st, All Saints Church, Grange Rd; with Hailsham Choral, Hailsham Sinfonia, and superb soloists. Tickets: Adults £15, under-18's £7.50, From Eastbourne Tourist Office, Crane & Co, Hailsham, www.wegottickets.com and on the door

On Friday 31st March 2023: Men's Way of the Cross: join us on this 5-6 hour night walk of the stations of the cross along the hills of Beachy Head. This provides an opportunity to renew our dedication and vocation as men of faith. We gather at Christ the King Church: 9PM - 10PM. Registration, Adoration and Confessions 10pm-11pm: Holy Mass -11pm. We drive to Station 1 by the cliffs before midnight; we start our Way of the Cross! 6am: A hearty breakfast back at the Church. Please see website: www.menswayofthecross.co.uk.

On-line Lent Pilgrimage to the Holy Land. You can find this spiritually renewing reflection filmed in the Holy Land on YouTube - 'Magdala English'. Search for 'Exodus: Pilgrimage of Freedom.'

Easter Spring Fayre at CTK church hall on April 1st, 10am-4.00pm. Childrens' colouring competition, luxury raffle, name the rabbit, tombola and many more. This is a charity event raising funds for 'You Raise Me Up', who support families who have lost a young adult. Please come and support the day if you can.

Prayers before Mass at CTK during Lent. During Lent, prayers before Mass will be said every Sunday at 10.30 at CTK. All welcome

Rented Accommodation wanted: a single lady is looking for a one bedroom flat in the Eastbourne/Langney area. If you can help, please contact Noreen: 07903360328.

Spring concert: works by Rossini, Mozart, Mendelssohn; March 21st at Eastbourne Town Hall, 7.30pm. See poster at back of the church.

Parish Clergy: Fr.Neil Chatfield Tel. 01323 760048 or in an emergency - 07718123304 priest.ctk@icloud.com

Rev'd Deacon Eugene Adams Tel. 07917276140 deaconctk@hotmail.com

Safeguarding
Parish Safeguarding Co-ordinator: Deacon
Eugene Adams - Contact 07917 276140
Diocesan Safeguarding Team - Contact

01293 651148

For enquiries for baptism, first communion, confirmation, and marriages please speak to either Fr Neil or Deacon Eugene and also ring the office.

Tel. 01323 760048

Parish Hall Bookings Enquiries: 01323 760048

Website : http://christthekingeastbourne.org

Facebook page: Christ The King with St Joachim, Eastbourne

Banking Matters

We have shortened the name of the bank account for those who wish to set up standing orders for Christ the King. CTK main account details: Sort Code: 40-05-20 A/C No: 91127012; CTK Building Account No: 61256130. A/C Name: RCD A&B Christ the King Eastbourne. St Joachim's A/C. Sort Code: 40-05-20; A/C No: 51077058.

Votive Candles. Would you like to sponsor a weekly candle by the Blessed Sacrament tabernacle or the statue of Our Lady of Walsingham in CTK? There are forms available at the back of the church. This week the candles are for Martin Parsons RIP and for priests.

Make a donation on-line to the parish today! Scan the QR code below, select our parish and add Gift Aid if you pay tax. Also see the poster at the back of the church.



Third Sunday of Lent Mass Intentions

	Third Sunday of Lent	Mass Intentions	
Sat. March 11th	CTK: 4.00-5.00pm	Adoration of the Blessed Sacrament	
	CTK. : 5.00pm Vigil Mass	Sylvia Seelagama RIP	
Sun March 12th	St Jo's 9.30am. Mass	Mary Grace RIP	
Third Sunday of Lent	CTK. 11.30am Mass	Martin Parsons RIP	
	CTK. 4.00pm Mass (DW)	Rita Gabucan RIP	
Mon March 13th	No Public Mass	(thanksgiving to Ss. Jude, Peregrine, Padre Pio.)	
Tues March 14th	CTK: 10.00am	Anna Yanka	
Wed March 15th	St Jo's : 10.00am :	Deceased members of Neilan family	
Thurs March 16th	CTK: 5.30-7.00pm. Exposition and Holy Hour for priests 7.00pm Mass (DW)	Thanksgiving	
Fri March 17th St Patrick	CTK: 12 noon Mass followed by exposition and adoration till Stations of the Cross at 5.00pm	Padraig Quinn RIP	
Sat March 18th	CTK.: 4.00-5.00pm	Adoration of the Blessed Sacrament	
	CTK 5.00pm Mass	Norah Miles RIP	
Sun March 19th	St Jo's 9.30am Mass	Deceased member of the McAteer family	
Fourth Sunday of Lent	CTK 11.30am Mass	Zuzana Tuskova	
	CTK 4pm mass (DW)	Harry Rock RIP	

We pray for: Emma Raper, Eithne Lloyd, Peter Champion, Chris Gimmons, Don Wilkins, Stuart McCarthy, Helena Sagnelia, Frankie Farrell, Daisy Kelly, Sue & Mick O'Driscoll, Rene Cook, Jan Blake, Sandra McMeekin, David Dwyer, Diana Smith, Colleen Stock, Sr Mary Keiley, Jane Hollands, Kirina Blaty, Moira Morrison, Philip Duffy, Pamela Chatfield, Eddie Burke, Theresa Kitchener, Roy Worsley, Betty Donovan, Lucas Mack, Marie Williams, Terry Swales, Pauline Sollis, Alexandra Waters, Daniel Markham, Maria P Veras, Alison J Thomas, Mary Ayling, Alan Calivas, Ann Snelling

For the recently deceased: Marian Molden, Peter Dodd, Lois Forbes, Joseph Fok-Seang, Padraig Quinn, Norah Miles