Reflection on this Sunday's reading by Scott Hahn.

Jesus came among us as light to scatter the darkness of a fallen world. As His disciples, we too are called to be "the light of the world," He tells us in the Gospel this Sunday (see John 1:4–4, 9; 8:12; 9:5).

All three images that Jesus uses to describe the Church are associated with the identity and vocation of Israel.God forever aligned His kingdom with the kingdom of David and his sons by a "covenant of salt," salt being a sign of permanence and purity (see 2 Chronicles 13:5, 8; Leviticus 2:13; Ezekiel 43:24). Jerusalem was to be a city set on a hill, high above all others, drawing all nations toward the glorious light streaming from her Temple (see Isaiah 2:2; 60:1–3). And Israel was given the mission of being a light to the nations, that God's salvation would reach to the ends of the earth (see Isaiah 42:6; 49:6).

The liturgy shows us this week that the Church, and every Christian, is called to fulfill Israel's mission. By our faith and good works we are to make the light of God's life break forth in the darkness, as we sing in this week's Psalm. This week's readings remind us that our faith can never be a private affair, something we can hide as if under a basket. We are to pour ourselves out for the afflicted, as Isaiah tells us in the First Reading. Our light must shine as a ray of God's mercy for all who are poor, hungry, naked, and enslaved. There must be a transparent quality to our lives.

Our friends and family, our neighbors and fellow citizens, should see reflected in us the light of Christ and through us be attracted to the saving truths of the Gospel. So let us pray that we, like St. Paul in the Epistle, might proclaim with our whole lives "Christ, and him crucified."

Retrouvaille is a programme to support couples who have difficulties in their marriage. It brings a positive focus, new hope and helps nourish and grow your marriage. For more information or to register for the next weekend on Feb 24-26 call/text: 07887 296983 or email retrouvailleukinfo@gmail.com.

Marriage Week 7-14th February. Marriage Week celebrates the vibrancy of marriage as the basis for family life and is an annual event encouraging couples to invest in their marriage and relationships. Search "Marriage Week" for some helpful links and suggestions or see the Diocesan website. Contact Katherine Bergin at katherine.bergin@abdiocese.org.uk for further information.

200 Club. The January numbers were drawn last weekend by Fr Neil. The winners are : 1st Prize - No 149, £100, Audrey Shadbolt; 2nd prize, No 1: Mike Woods £60. Congratulations to this month's winners. If you would like to take part in this excellent fund raising activity, there are forms at the back of the church. Only £1 per week to join.

Ash Wednesday Is on February 22nd. Mass times are: 10.00am (St Jo's); 12noon (CTK); 7.00pm CTK (DW). Ashes will be distributed at all Masses.

'Matthew 25 Mission'. Thanks to all who attended Lesley Dawson's talk on 'Matthew 25' last Monday; in her talk she mentioned that the centre had provided 147 meals each day last year and that she was grateful for the support of our parish. Recently, we have had to take 2 car loads weekly to the centre with clothes, bedding, tinned foods and dry pasta. There is a box at the back of CTK. They would also welcome anyone who would like to volunteer to help out at the centre. For more information, contact: 01323.726960. Also see the notice about 'Matthew 25' on the noticeboard at the back of the church.

Hymn Numbers for 5th Sunday in Ordinary Time

Open: (CTK). 610 'When I survey'
(St Jo's) 301 'Immortal, invisible'
Off.: (CTK.) 337 'Love divine'
(St Jo's) 398. 'Love divine'

Close: (CTK): 210. 'He who would valiant be' (St Jo's): 619. 'Rejoice, the Lord is king'

Pancakes on sale on the 19th February, after 11.30 Mass at CTK. They cost £1 each. Money will go towards church funds. On Sunday 16th April there will be a Bacon Butty sale after the 11.30 Mass.

Fr Neil's Podcast: Fr Neil was interviewed recently by Fr Ed Tomlinson who, like Fr Neil, is a priest of the Ordinariate of Our Lady of Walsingham. Fr Ed has a Catholic podcast called 'This turbulent priest'. Fr Neil talks about his spiritual journey into the Catholic Church. It can be found by putting 'this turbulent priest podcast' into your search engine.

Pilgrimage to Knock. 15th March 2023. £699 per person sharing. Price includes flight, transfers, 4 nights in Knock House Hotel, with full board. Entertainment and excursions included. Special St Patrick's Day celebrations. Contact Patricia: 01268.762278/07740175557.

Pilgrimage to Walsingham: The Ordinariate are holding a pilgrimage to Walsingham on Sat Aug 26th. Is anyone interested? Please let Fr Neil know asap.

Phoenix Choir, Eastbourne presents a Baroque celebration, with music by Pergolesi, Bach, Telemann & Vivaldi. Feb 25th at 7.30pm at All Saints Church, Grange Rd. Tickets: £20. See notice at the back of the Church.

Racial Justice Sunday falls on 5th February. Our theme "All are included in the mission of Christ and His Church. Let us walk together, pray together and work together" reflects on the role each of us must play in promoting the mission of Christ and His Church. See the Bishops' Conference website at: www.cbcew.org.uk/racial-justice-sunday

World Day of Prayer 2023 Service at OLR on Fri 3rd March, at 2.00pm in the church followed by refreshments in the hall. See poster at the back of the church.

Memory Lane, a charity that meets regularly in our hall and supports people with dementia and their carers are looking to appoint a part time charity Coordinator. See notice at the back of the Church. Closing date for applicants, Feb 20th.

Parish Clergy: Fr.Neil Chatfield Tel. 01323 760048 or in an emergency - 07718123304 priest.ctk@icloud.com

Rev'd Deacon Eugene Adams Tel. 07917276140 deaconctk@hotmail.com

For enquiries for baptism, first communion, confirmation, and marriages please speak to either Fr Neil or Deacon Eugene and also ring the office.

Tel. 01323 760048

Parish Hall Bookings Enquiries: 01323 760048

Website : http://christthekingeastbourne.org

Facebook page: Christ The King with St Joachim, Eastbourne

Banking Matters

We have shortened the name of the bank account for those who wish to set up standing orders for Christ the King. CTK main account details: Sort Code: 40-05-20 A/C No: 91127012; CTK Building Account No: 61256130. A/C Name: RCD A&B Christ the King Eastbourne. St Joachim's A/C. Sort Code: 40-05-20; A/C No: 51077058.

Votive Candles. Would you like to sponsor a weekly candle by the Blessed Sacrament tabernacle or the statue of Our Lady of Walsingham in CTK? There are forms available at the back of the church. This week the candles are for McDonagh and Lyon families RIP and Kim RIP.

Prayers before Mass at CTK. The Holy Rosary will be recited every Sunday at 10.45am. On the first Sunday of the month, the prayer will be at 10.30 together with Exposition of the Blessed Sacrament. All welcome.

Make a donation on-line to the parish today! Scan the QR code below, select our parish and add Gift Aid if you pay tax. Also see the poster at the back of the church.



| | Fifth Sunday in Ordinary | Mass Intentions |
|---|--|------------------------------------|
| | Time | |
| Sat. Feb 4th | CTK : 4.00-5.00pm | Adoration of the Blessed Sacrament |
| | CTK. : 5.00pm Vigil Mass | Pauline Crunden |
| Sun Feb 5th | St Jo's 9.30am. Mass | Rebecca's 7th birthday |
| Fifth Sunday in Ordinary Time | CTK. 11.30am Mass | Katie McDonagh RIP |
| | CTK. 4.00pm Mass (DW) | Wendelle Hatton |
| Mon Feb 6th St Paul Miki | No Public Mass | (priests) |
| Tues Feb 7th | CTK : 10.00am | Thanksgiving to the Holy Trinity |
| Wed Feb 8th St Cuthman | St Jo's : 10.00am : Mass | Deacon Eugene & Debbie |
| Thurs Feb 9th | CTK: 5.30-7.00pm. Exposition and Holy Hour for priests | Frank Charley Dadibayah |
| | 7.00pm Mass (DW) | Frank Stanley Redihough |
| Fri Feb 10th St Scolastica | CTK: 12 noon Mass followed by exposition and adoration till 5.00pm | Dominic |
| Sat Feb. 11th Our Lady of Lourdes | CTK.: 4.00-5.00pm | Adoration of the Blessed Sacrament |
| | CTK 5.00pm Mass | Fr Kevin |
| Sun Feb 12th | St Jo's 9.30am Mass | Dermot Neilan RIP |
| Sixth Sunday in Ordinary Time | CTK 11.30am Mass | Agnes & Lilly Halvey RIP |
| | CTK 4pm mass (DW) | Valeria & family |
| | | |

We pray for: Emma Raper, Eithne Lloyd, Peter Champion, Chris Gimmons, Don Wilkins, Stuart McCarthy, Helena Sagnelia, Frankie Farrell, Daisy Kelly, Sue & Mick O'Driscoll, Rene Cook, Jan Blake, Sandra McMeekin, David Dwyer, Diana Smith, Colleen Stock, Sr Mary Keiley, Jane Hollands, Kirina Blaty, Moira Morrison, Philip Duffy, Pamela Chatfield, Eddie Burke, Theresa Kitchener, Roy Worsley, Betty Donovan, Lucas Mack, Marie Williams, Terry Swales, Pauline Sollis, Alexandra Waters, Daniel Markham, Maria P Veras, Alison J Thomas, Mary Ayling, Alan Calivas

For the recently deceased: Victor Beale, Mary Cuddeford, Marian Molden, Pope Benedict XVI, Lois Forbes, Joseph Fok-Seang