Dear brothers and sisters,

With Christmastide ending last weekend, when we celebrated the Baptism of the Lord, we are now celebrating 'Ordinary Time' – of 'Time through the Year' in the Church's Calendar. These are the times that fall outside the great Liturgical Seasons. Vestments are green – a sign of the abundant life and hope that God gives to us. As is always the case, each Sunday is, as it were, a 'little Easter' as we rejoice in the Resurrection of the Lord.

This season of Ordinary Time also enables us to celebrate the feasts of saints in a way that is not so easy at other times, especially Lent. This last week, Thursday, saw the celebration of St Aelred of Riveaulx, a great saint of the 12th century here in this country. He was Abbot of the very significant Monastery of Riveaulx in Yorkshire – one of the largest of the Cistercian monasteries that held such a significant place in this land in the years before the Reformation. At its height, there were over 500 monks there.

Aelred began his life in service in the Scottish Royal Court and entered the monastery in 1133; having visited the community for one day he entered the next! He was Abbot there for 20 years and is known for his writings – we have a number of them still today – nearly 200 sermons and 13 treatises on various themes, perhaps most notably his work 'Spiritual Friendship'. This built on an earlier work, the 'Mirror of Charity' and celebrates true Christian friendship on both the natural and spiritual planes. He encouraged right friendship in his community, and we would do well to follow his guidance in our own friendships and relationships with all around us, marked by honesty, generosity, lack of selfishness or desire for gain, patience and constancy. In this way, Aelred saw that friendships would become a living reflection of the love of Christ Himself, calling us to true friendship with Jesus Himself.

Let us seek these same qualities in our own lives and seek to foster them, not only in our families, with our friends and in parish and school communities – but more widely too, that all may live in harmony and know true friendship with Christ, in whom we find – as Jesus tells us in John's Gospel – "life to the full."

With every blessing, + Richard

Retrouvaille: A Programme for Couples Struggling in their Marriages. Do you feel alone? Are you frustrated or angry with each other? Do you argue ... or have you just stopped talking to each other? Does talking about it only make it worse? Retrouvaille is a programme to support couples who have difficulties in their marriage. It brings a positive focus, new hope and helps nourish and grow your marriage. For confidential information about 'Retrouvaille' or to register for the next programme commencing with a Face to Face weekend in Welwyn Garden City on 24-26 Feb 2023, or a Virtual weekend on 6-9 July 2023, call/text 07887 296983 or email retrouvailleukinfo@gmail.com - or visit www.retrouvaille.org.uk

'Not a pantomime!', sketches, singing and dancing. Come and enjoy a great parish fun musical event. On Sat 21st Jan, 7-9pm at CTK; also Sun 22nd Jan, 2-4pm at St Jo's. Tickets on sale this weekend after all Masses and on the door. £5 per ticket, under 14's £3. A great time will be had by all! For more information, contact Chris, 01323.503716.

Hymn Numbers for 2nd Sunday in Ordinary Time:

Open: (CTK). 198 'Hail to the Lord's anointed'
(St Jo's) 688 'The Church's one foundation'

Off.: (CTK) 28 'All that I am' (sing twice)
(St Jo's) 23 'All that I am' (sing twice)

Close: (CTK) 224 'Our God reigns'
(St Jo's) 268 'Our God reigns'

Catholic Children's Society A & B Crisis Fund: There are many vulnerable families in need of support and our parish will be donating our Crib offerings to support this important work. You can donate at the Crib by the Lady Chapel or via: www.cathchild.org.uk/crib.

Understand your Catholic Faith with the Catechism in a Year podcast with Fr. Mike Schmitz started on 1st Jan 2023. The Catechism holds the great treasures of the teachings of the Church, some are beautiful in their simplicity, others can be challenging. See https://ascensionpress.com/ pages/catechisminayear?ct=t to join this potentially life changing adventure.

Annual Diocesan Justice & Peace Assembly, 'Hungry for Change', 28th January 2023, 9.30am-1.30pm at The St. Philip Howard Centre, RH10 6RP. We will explore how war contributes to world hunger. https://abdiocese.churchsuite.com/events/2iasupai?ct=t

'Matthew 25'. Dr Lesley Dawson will be speaking on the work of this local charity that supports homeless, unemployed and otherwise vulnerable people in Eastbourne. The meeting, organised by Eastbourne and Bexhill Newman Circle, is in our parish room on Mon 30th Jan starting at 7.30pm. All parishioners and friends welcome. Donations to this charity can be placed in the box at the entrance to CTK.

Octave of Prayer for Christian Unity: From Jan18th-25th we pray for a deeper unity among the followers of Jesus. There is a united service for the churches in the Langney area at St Barnabas's church, Kingfisher Drive (by the Langney shopping centre) on Sat 21st Jan, starting at 12.30pm with food and fellowship. All welcome.

Day of Reflection for Ministers of the Word led by Bishop Richard, 21st Jan,11am-4pm at St. Bernadette's Church Crawley. The day includes talks on the Scriptures, the Lectionary and its use in the Liturgy, the Liturgy of the Word, preparing to read, using microphones, Lectio Divina, and Mass. To register your free place go to https://abdiocese.churchsuite.com/events/xeuuphqw?ct=t

Parish Clergy: Fr.Neil Chatfield Tel. 01323 760048 or in an emergency - 07718123304 priest.ctk@icloud.com

Rev'd Deacon Eugene Adams Tel. 07917276140 deaconctk@hotmail.com

For enquiries for baptism, first communion, confirmation, and marriages please speak to either Fr Neil or Deacon Eugene and also ring the office.

Tel. 01323 760048

Parish Hall Bookings Enquiries: 01323 760048

Website : http://christthekingeastbourne.org

Facebook page: Christ The King with St Joachim, Eastbourne

Banking Matters

We have shortened the name of the bank account for those who wish to set up standing orders for Christ the King. CTK main account details: Sort Code: 40-05-20 A/C No: 91127012; CTK Building Account No: 61256130. A/C Name: RCD A&B Christ the King Eastbourne. St Joachim's A/C. Sort Code: 40-05-20; A/C No: 51077058.

Votive Candles. Would you like to sponsor a weekly candle by the Blessed Sacrament tabernacle or the statue of Our Lady of Walsingham in CTK? There are forms available at the back of the church. This week the candles are for Luke Roarty RIP and Pamela Chatfield.

Pilgrimage to Knock. 15th March 2023. £699 per person sharing. Price includes flight, transfers, 4 nights in Knock House Hotel, with full board. Entertainment and excursions included. Special St Patrick's Day celebrations. Contact Patricia: 01268.762278/07740175557.

Make a donation on-line to the parish today! Scan the QR code below, select our parish and add Gift Aid if you pay tax. Also see the poster at the back of the church.



	Second Sunday in Ordinary Time	Mass Intentions	
Sat. Jan 14th	CTK : 4.00-5.00pm	Adoration of the Blessed Sacrament	
	CTK.: 5.00pm Vigil Mass	Stephen & Caroline Gaglione RIP	
Sun Jan 15th	St Jo's 9.30am. Mass	Sandra McMeekin	
Second Sunday in Ordinary Time	CTK. 11.30am Mass	Andrew Curran RIP	
	CTK. 4.00pm Mass (DW)	Nikolai Horlin RIP	
Mon Jan 16th	No Public Mass	(Maureen Sweeney)	
Tues Jan 17th St Anthony	CTK: 10.00am: Mass	Sabina Wyrczynska RIP	
Wed Jan 18th	St Jo's : 10.00am : Mass	John Green	
Thurs Jan 19th St Wulstan	CTK: 5.30-7.00pm. Exposition and Holy Hour for priests		
	CTK.: 7.00pm(DW) Mass	Pulikottil Lonappan Joseph	
Fri Jan 20th St Sebastian	CTK: 12noon: Mass followed by exposition and adoration till 5.00pm	Darina Wheatley	
Sat Jan 21st St Agnes	CTK.: 4.00-5.00pm CTK 5.00pm Mass	Adoration of the Blessed Sacrament John & Kathleen Geraghty &	
Sun Jan 22nd	St Jo's 9.30am Mass	family RIP Fr Tristan	
Third Sunday in	CTK 11.30am Mass	Luke Roarty RIP	
Ordinary Time	CTK 4pm mass (DW)	Maureen Reynolds RIP	

We pray for: Emma Raper, Eithne Lloyd, Peter Champion, Chris Gimmons, Don Wilkins, Stuart McCarthy, Helena Sagnelia, Frankie Farrell, Daisy Kelly, Sue & Mick O'Driscoll, Rene Cook, Jan Blake, Sandra McMeekin, David Dwyer, Diana Smith, Colleen Stock, Sr Mary Keiley, Jane Hollands, Kirina Blaty, Moira Morrison, Philip Duffy, Pamela Chatfield, Eddie Burke, Theresa Kitchener, Roy Worsley, Betty Donovan, Lucas Mack, Marie Williams, Terry Swales, Lois Forbes, Pauline Sollis, Alexandra Waters, Daniel Markham, Maria P Veras, Alison J Thomas, Mary Ayling

For the recently deceased: Elia Borsoi, Timothy Van-Eugen, Mathew Orr, Victor Beale, Mary Cuddeford, Marian Molden, Pope Benedict XVI