Dear brothers and sisters

As our Advent journey continues, we come to Gaudete Sunday. The word Gaudete - rejoice - comes from the first word of the Entrance Antiphon at Mass: 'Rejoice in the Lord always; again I say rejoice. Indeed, the Lord is near'. These words are taken from St Paul's letter to the Philippians.

The vestment colour this weekend changes to rose. This represents for us a 'lifting', as it were, from the reflective spirit of this first part of Advent. The texts of this Sunday's Mass speak of the rejoicing at the coming of the Saviour, the greatness of John the Baptist, the wonder of Jesus' ministry and, in the letter of James, the call not to lose heart, for the Lord is coming.

Joy is a consequence of the virtue of Hope. Joy is, I suggest, deeper than happiness. Happiness is a passing thing. I can be happy one day, not so happy the next. Joy, however, is an experience at a much deeper level, for joy stems from the hope that enables us to look beyond – to the coming of the Kingdom. Hope, faith and love are, as it were, the 'yardsticks' of the Christian life and the consequence of them is a joy that nothing can take away.

We might think of the martyrs who, facing death, were joyful - for nothing can take from them their hope in Christ. This hope and joy enable us not to lose heart on our Christian pilgrimage of life and continue patiently proclaiming the Good News of the Incarnate One, the Word Who is Life.

With prayers, Bishop Richard.

Christmas Service times: 24th Dec - 4.30pm at CTK: children's liturgy. Please come dressed as angels, shepherds, Mary, Joseph etc.

8.00pm: CTK - Vigil Mass of Christmas. 11.30pm: CTK - Midnight Mass (DW)

25th Dec - 9.30am. : Mass at St Jo's 11.30 : Mass at CTK

4.00pm: CTK. - Divine Worship

Christmas Service Times in Eastbourne: there is a large quantity of Christmas Cards with all details of Christmas services at OLR, CTK and St Jo's. As an outreach to others, please take as many as you can to distribute to friends, neighbours etc, especially Catholic parishioners who have not yet come back to Mass since the pandemic.

Advent Penitential Service. There will be a penitential service with the Sacrament of Confession on Wed 21st December at 7.30pm at CTK. Fr Neil will be joined by other priests to assist with confessions.

Matthew 25 is a local charity that supports the homeless and unemployed in Eastbourne. It is based at Christchurch in Seaside and is especially busy during this very cold spell. There is a a box in the entrance to CTK where you can donate items - especially clothes for men and women, blankets, duvets, and various food products - canned foods, long-life foods, i.e.pasta, milk. Last week, the charity provided over 90 lunches a day. Thanks to all who have generously donated so far.

Taize service: Friday 16th December at 7pm at St Gregory's followed by refreshments. All welcome. Taize prayers and chants are based on the liturgy used by the ecumenical community in the south east of France. See www.taize.fr

Gaudete Sunday is celebrated today. 'Gaudete' means 'rejoice in the Lord' and is taken from the entrance antiphon at Mass this Sunday. It is a day of joy as we near the celebration of Jesus's birth.

Hymn Numbers this weekend:

Open (CTK) 462: 'Rejoice in the Lord' (x3) (St Jo's) 619. 'Rejoice! The Lord is King'
Off (CTK). 198 'Hail to the Lord's anointed'
(St Jo's). 605: Praise the Lord, ye heavens'
Close (CTK) 514 'Tell out my soul'
(St Jo's) 684 'Tell out my soul'

Parish Christmas Lunch: Many thanks to all who supported our Christmas lunch on Saturday; over 50 people sat down to the festive meal. Thanks to Heather and her team for their hard work. The Christmas raffle tickets will again be on sale after Masses this weekend.

'Warm Spaces'. We have started the warm spaces sessions on Monday's 11-5pm at CTK in the parish room and St Joachim's Friday's 10am-3pm. If you are free to help support this, please speak to Fr Neil

This Advent we will be following, alongside other ecumenical partners, the theme of 'Angels - a window into the supernatural': who are they, what's their ministry, what is their relationship with humans? Study group on Tuesday CTK after 10am mass.

Catholic diaries for 2023. There are good quality Catholic 2023 diaries on sale for £5. Please speak to Ilona or Fr Neil.

Readers at the Vigil Mass: A new readers' rota is being prepared for the period 1 January-30 June 2023 in the next few weeks. At present we have 9 readers but would welcome anyone who would like to join us. Please contact Fr. Neil or ring Judith Rhys on 01323 735442 if you would like to be included.

Special prayer resources for Advent: Some inspirational ideas for a special encounter with the Lord Who Comes: https://www.alonetogether.org.uk/shapingtheday with the Benedictine monk Christopher Jamison.

'Rorate Mass': This is a candlelit Mass every Friday of Advent in honour of Our Lady, at 6.30am (OLR) followed by breakfast in the Hall. "Rorate caeli' means 'drop down, O heavens' (Isaiah 45:8).

'Missio' boxes will be promoted this Advent. Use them as a swear box, a means of emptying your loss change from purse or wallet or for putting a small amount of your pocket money to charitable works. Please take a box, put your name on it. We will collect them during Lent next year. The red Missio boxes are available at the back of the church.

Catholic Children's Society A & B Crisis Fund: There are many vulnerable families in need of support and our parish will be donating our Crib offerings to support this important work. You can donate at the Crib when it is up or via: www.cathchild.org.uk/crib.

Parish Clergy: Fr.Neil Chatfield Tel. 01323 760048 or in an emergency - 07718123304 priest.ctk@icloud.com

Rev'd Deacon Eugene Adams Tel. 07917276140 deaconctk@hotmail.com

For enquiries for baptism, first communion, confirmation, and marriages please speak to either Fr Neil or Deacon Eugene and also ring the office.

Tel. 01323 760048

Parish Hall Bookings Enquiries: 01323 760048

Website : http://christthekingeastbourne.org

Facebook page: Christ The King with St Joachim, Eastbourne

Banking Matters

We have shortened the name of the bank account for those who wish to set up standing orders for Christ the King. CTK main account details: Sort Code: 40-05-20 A/C No: 91127012; CTK Building Account No: 61256130. A/C Name: RCD A&B Christ the King Eastbourne. St Joachim's A/C. Sort Code: 40-05-20; A/C No: 51077058.

Votive Candles. Would you like to sponsor a weekly candle by the Blessed Sacrament tabernacle or the statue of Our Lady of Walsingham in CTK? This week they are dedicated to Fr Peter Carr RIP and Fausto Ambrosio RIP. Forms are available at the back of the church if you would like to sponsor a candle.

Prayer Before Mass. In Advent, the prayer before Mass will take place at CTK every Sunday at 10.30am.

Light of Truth are offering an online course in 6 sessions for adults and catechists to renew and deepen their understanding of the Mass. The sessions take place online 15 Nov-20 Dec, 7.30pm-9pm. Find out more and register at www.lightoftruth.uk/event-details/the-mass-anchoring- your-faith-2022-11-15-19-30?ct=t

Make a donation on-line to the parish today! Scan the QR code below, select our parish and add Gift Aid if you pay tax. Also see the poster at the back of the church.



	Third Sunday of Advent	Mass Intentions	
Sat. Dec 10th	4.00pm CTK : Exposition and adoration until 5.00pm Mass	John & Kathleen Geraghty & family RIP	
Sun Dec 11th	St Jo's 9.30am. Mass	Jack & Joan Snook RIP	
Third Sunday of Advent Gaudete Sunday	CTK. 11.30am Mass	George Lee RIP	
	CTK. 4.00pm Mass (DW)	Anna Janka	
Mon Dec 12th Our Lady of Guadalupe	No Public Mass	(All deceased relatives and friends)	
Tues Dec 13th St Lucy	CTK: 10am Mass	Terence and Margaret Carmody RIP	
Wed Dec 14th St John of the Cross	St Jo's : 10.00am : Mass	Darina & Cyril RIP	
Thurs Dec 15th	CTK: 7,00pm Mass (DW) CTK: 5.30pm -7.00pm; Exposition & Holy Hour for priests	Marcin family	
Fri Dec 16th	CTK: 12noon: Mass Exposition and adoration today: 12.30-5.00pm	Zuder family tree.	
Sat Dec 17th	4.00pm CTK : Exposition and adoration until 5.00pm. Mass	Stanley Drzewniak RIP	
Sun Dec 18th Fourth Sunday of Advent	St Jo's 9.30am mass	Deceased friends of Emma & James Moulding RIP & Jackie Riggs	
	CTK 11.30am mass	Michael Brady Sr RIP	
	CTK 4pm mass (DW)	Debbie Tresise RIP	

We pray for: Emma Raper, Eithne Lloyd, Peter Champion, Chris Gimmons, Don Wilkins, Stuart McCarthy, Helena Sagnelia, Frankie Farrell, Daisy Kelly, Sue & Mick O'Driscoll, Rene Cook, Jan Blake, Sandra McMeekin, David Dwyer, Diana Smith, Colleen Stock, Sr Mary Keiley, Jane Hollands, Kirina Blaty, Moira Morrison, Philip Duffy, Pamela Chatfield, Eddie Burke, Theresa Kitchener, Roy Worsley, Betty Donovan, Lucas Mack, Marian Moulding, Marie Williams, Terry Swales, Lois Forbes, Pauline Sollis, Alexandra Waters, Daniel Markham, Maria P Veras, Alison J Thomas, Mary Ayling

For the recently deceased: Maureen Farrant, Eileen Church, Elia Borsoi, Timothy Van-Eugen, Mathew Orr, Victor Beale, Mary Cuddeford