

Bishop Richard writes : ‘The recent tragedy in Syria and Turkey is much in our minds and hearts at this time. I know the victims of the earthquake and the families who mourn their loss are much in our prayers, and the focus of more practical efforts too.

On Ash Wednesday, at the Ukrainian Cathedral in London, there will be a special service of prayer for an end to the conflict in Ukraine. Please do join in the event if you are able – and remember this intention very specially in prayer this week.

Ash Wednesday brings the beginning of the season of Lent. Lent – an old English word for Spring – points us in the direction of the new life of Easter, for it is a reminder that the natural world is waking up again after Winter. Days lengthen, the first flowers of the new season appear and the trees will soon display their green canopy of leaves.

In other parts of the world, this season is more directly referred to in terms of its 40 days – Quadragesima. Lent is the season in which we spend time with the Lord in the desert, a time which reflects the 40 years spent in the desert by the Chosen People of Israel. This is the journey to salvation, the journey that leads to Calvary and then to the empty tomb.

The Gospel reading of Ash Wednesday provides us with the ‘three pillars’ of Lent: prayer, fasting and almsgiving. These should feature always in the life of the Christian – but the accent on these three practices during Lent enables us to draw ever closer to Christ and heightens our awareness of our reliance on God. Prayer is that conversation with God that is a living relationship. Fasting reminds us that - as Jesus expresses it in the Gospel – we do not live on bread alone. Our almsgiving provides a practical way to share what we have with those who are in need. The self-denial involved in all of these things, in terms of time, food and drink, money, draw us out of ourselves. We become less inward looking and more aware of the Lord’s presence and the presence of our brothers and sisters, whom we are called to serve.

Let us enter this season with renewed vigour, that we may draw ever closer to the One who has saved us from sin and death and who calls us to share the new life of Easter.’

With every blessing, + Richard

Ash Wednesday is on February 22nd. Mass times are : 10.00am (St Jo’s); 12noon (CTK); 7.00pm CTK (DW). Ashes will be distributed at all Masses.

Lenten study group. Fr Neil will be leading a study group during Lent on the ‘Theology of The Body,’ a subject close to the heart Pope St John Paul II. It will be held on Tuesday mornings, beginning on Feb 28th, at 11.00am after the 10.00am Mass in the parish room at CTK. Also, another group for men will meet at 8.00pm on Thursday evenings, hosted by the parish ‘Men of St Joseph’. All welcome.

CAFOD and CTS are both running a Lenten Sign-up course by email with reflections and resources. Please check their websites for more information.

St Patrick’s Night Celebration, organised by the PTA of St Thomas a Beckett Catholic Primary School, at OLR Parish Centre on 18th March 19.15-22.30. £10 per head. Please see poster at the back of the Church.

On-line Lent Pilgrimage to the Holy Land. You can find this spiritually renewing reflection filmed in the Holy Land on YouTube - ‘Magdala English’. Search for ‘Exodus : Pilgrimage of Freedom.’

Pilgrimage to Walsingham : The Ordinariate are holding a pilgrimage to Walsingham on Sat Aug 26th. Is anyone interested? Please let Fr Neil know asap

Hymn Numbers for 7th Sunday in Ordinary Time : Open : (CTK). 338. ‘Love is his word’ (St Jo’s) 399 ‘Love is his word’ Off. : (CTK.) 342 ‘Make me a channel’ (St Jo’s) : 478. ‘Make me a channel’ Close : (CTK) : 449. ‘Praise my soul’ (St Jo’s) : 602. ‘Praise my soul’

Pancakes on sale on the 19th February, after 11.30 Mass at CTK. They cost £1 each. Money will go towards church funds.

Pancake Sunday at St Joachim’s. After Mass this Sunday, there will be HOME-MADE pancakes at St Jo’s, with savoury and sweet toppings available. £1 each, to give us all a final treat before Lent and to raise funds for the Parish. SEE YOU THERE!

Phoenix Choir, Eastbourne presents a Baroque celebration, with music by Pergolesi, Bach, Telemann & Vivaldi. Feb 25th at 7.30pm at All Saints Church, Grange Rd. Tickets : £20. See notice at the back of the Church.

World Day of Prayer 2023 Service at OLR on Fri 3rd March, at 2.00pm in the church followed by refreshments in the hall. The prayer service this year is written by the women of Taiwan. See poster at the back of the church.

“**Reflections of a hospital chaplain**”. John Kimberley will be sharing his experiences as a hospital chaplain on Mon 20th Feb, organised by the Eastbourne and Bexhill Newman Association, at 7.30 pm in the parish room at CTK.

Peter Dodd RIP Please keep in your prayers Peter Dodd who died on Tuesday 7th Feb. Peter was until recently a faithful and longstanding parishioner of Christ the King Parish and a great contributor to its maintenance in the early years. Funeral Mass at St. Agnes Church on Mon 27th February at 12 noon. The family ask that any donations should be to St Wilfred's Hospice.

Spanish Lessons are being offered by a member of our Parish. If interested please contact Mariela : mariela.goode@yahoo.com. Please note a small charge will be made for lessons which will be donated to our Parish.

Lois Forbes RIP. A Memorial Mass will be held at Christ the King on Friday 24th February at 12 noon for parishioner Lois Forbes who died recently. Please try to attend and lend support to her husband and family.

Parish Clergy:
Fr.Neil Chatfield
Tel. 01323 760048 or in an emergency - 07718123304
priest.ctl@icloud.com

Rev’d Deacon Eugene Adams
Tel. 07917276140
deaconctl@hotmail.com

For enquiries for baptism, first communion, confirmation, and marriages please speak to either Fr Neil or Deacon Eugene and also ring the office.
Tel. 01323 760048

Parish Hall Bookings
Enquiries: 01323 760048

Website :
<http://christthekingeastbourne.org>

Facebook page: Christ The King with St Joachim, Eastbourne

Banking Matters

We have shortened the name of the bank account for those who wish to set up standing orders for Christ the King. **CTK main account** details : Sort Code : **40-05-20** A/C No : **91127012**; **CTK Building Account No : 61256130.** A/C Name : **RCD A&B Christ the King Eastbourne.** St Joachim’s A/C. Sort Code : **40-05-20**; A/C No : **51077058.**

Votive Candles. Would you like to sponsor a weekly candle by the Blessed Sacrament tabernacle or the statue of Our Lady of Walsingham in CTK? There are forms available at the back of the church. This week the candles are for Peter Dodd RIP and Padraig Quinn RIP .

Prayers before Mass at CTK. The Holy Rosary will be recited every Sunday at 10.45am. On the first Sunday of the month, the prayer will be at 10.30 together with Exposition of the Blessed Sacrament. All welcome.

Make a donation on-line to the parish today! Scan the QR code below, select our parish and add Gift Aid if you pay tax. Also see the poster at the back of the church.



	Seventh Sunday in Ordinary Time	Mass Intentions
Sat. Feb 18th	CTK : 4.00-5.00pm CTK. : 5.00pm Vigil Mass	Adoration of the Blessed Sacrament Fr David Rhys RIP
Sun Feb 19th	St Jo’s 9.30am. Mass	Lucy Goodison RIP
Seventh Sunday in Ordinary Time	CTK. 11.30am Mass CTK. 4.00pm Mass (DW)	Mary McDonagh RIP Brian Hichisson RIP
Mon Feb 20th	No Public Mass	(thanksgiving)
Tues Feb 21st St Robert Southwell	CTK : 10.00am	Davis family thanksgiving
Wed Feb 22nd Ash Wednesday	St Jo’s : 10.00am : CTK. : 12noon CTK : 7.00pm (DW)	Holy Souls Fr Tristan Cranfield Prepared to meet the Lord
Thurs Feb 23rd	CTK : 5.30-7.00pm. Exposition and Holy Hour for priests 7.00pm Mass (DW)	Valeria’s family
Fri Feb 24th	CTK : 12 noon Mass followed by exposition and adoration till 5.00pm	Lois Forbes RIP Memorial Mass
Sat Feb. 25th	CTK. : 4.00-5.00pm CTK 5.00pm Mass	Adoration of the Blessed Sacrament Amette & Adrian Ley
Sun Feb 26th	St Jo’s 9.30am Mass CTK 11.30am Mass CTK 4pm mass (DW)	Mary Teresa Prince - 1st b’d day Ryszard Stanczak RIP Basia

We pray for: Emma Raper, Eithne Lloyd, Peter Champion, Chris Gimmons, Don Wilkins, Stuart McCarthy, Helena Sagnelia, Frankie Farrell, Daisy Kelly, Sue & Mick O’Driscoll, Rene Cook, Jan Blake, Sandra McMeekin, David Dwyer, Diana Smith, Colleen Stock, Sr Mary Keiley, Jane Hollands, Kirina Blat, Moira Morrison, Philip Duffy, Pamela Chatfield, Eddie Burke, Theresa Kitchener, Roy Worsley, Betty Donovan, Lucas Mack, Marie Williams, Terry Swales, Pauline Sollis, Alexandra Waters, Daniel Markham, Maria P Veras, Alison J Thomas, Mary Ayling, Alan Calivas

For the recently deceased: Victor Beale, Mary Cuddeford, Marian Molden, Peter Dodd, Lois Forbes, Joseph Fok-Seang, Padraig Quinn